

Goulburn Valley



GOULBURN VALLEY University of The Third Age
(For active semi-retired or retired persons of mature age)

GVU3A Hall: Esson Street, Shepparton. Postal: PO Box 14, Shepparton 3632 Phone: 58213333

WE'RE ON THE WEB - www.gvu3a.com.au

November 2022

CONTACT DETAILS

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drbloom@bigpond.com

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(Entries close on 21st of each month)



A MESSAGE FROM THE PRESIDENT

Hello to U3A members

People come into your life for a reason, a season or a life time.

As I sit to write this month's newsletter we are in the middle of October and the rain keeps coming. And then came the floods. To all our members who were affected by damaging water on their properties please know I am thinking of you. Mother Nature knows how to keep us guessing of what she will throw at us next. Over recent times we've had, drought, fire, pandemic and now floods. How resilient are members of our communities to look out for each other and help in the times of need.

Please be patient with others, stay safe and look after yourself and each other. And I hope you are not too affected by the adverse weather and hopefully the spring and summer will eventually come.

Due to the flooding circumstances the committee decided to cancel The Art /Craft Exhibition and will be postponed until March 2023.

Many of the sessions at the hall have been suspended and hopefully will be back in place over the next couple of weeks.

John Canty, Liz lee and myself attended the Bendigo/Network conference where we were challenged to look forward to what our group could look like in the future. Questions of - are our courses relevant to our members. Do we provide new incentives and how do we stimulate the older person to make contact to become involved in some of our courses?

We became aware of the many valuable resources the U3A network provide. So, we look forward to implementing some of those in 2023

So, watch this space for some short courses, some pop – up courses. Already we a talking of experiences of food from other countries, connecting with the Melbourne Theater company and making friendships in older ages.

On a brighter note, the committee are planning to go ahead with the social morning Melbourne Cup Luncheon to be held at the hall on Tuesday 1st November 2022.

A program, horse racing, some small betting on the side, a lovely lunch, all being prepared for your enjoyment. Prizes for the best dressed Melbourne Cup Day outfits.

If you can, come along and join in the festivities of the day.

Stay Safe and well Rita

All underlined text is a link to either a course page on our website or to an internet website

VISIT TO NAGAMBIE AND WINE TASTING AT FOWLES WINERY

THURSDAY 24th, NOVEMBER 2022 11AM-4PM.

Pick up and drop off at U3A, 14 Esson St.

Option 1: NAGAMBIE- FREE TIME - \$14

Go for lunch and a stroll along the lake in Nagambie. Pay bus only the bus fare.
Drop off at the Royal Mail Hotel 11.45am. Pick up at 3.15PM.

Option 2: FOWLES WINERY- \$35

The winery visit includes 10 wine tastings, food platters and bus fare. If you spend \$50 on wine there is a refund of \$10. If we finish early there will be time for a stroll in Nagambie. Booking for the bus is for only 40 people.

FULL PAYMENT BY 7TH NOVEMBER TO TRIP ACCOUNT

BSB 633-000 Acc. 129896049 No Refunds after 18th November.

If you need more information call Anne White on 0438 202 799

WRITING4PLEASURE

The next meeting for the Writing Group will be on Thursday 17th November. This will be our last meeting for 2022. We will meet for lunch and coffee at the Peppermill. Our topics are as for last month: **1. CAMEO** or **2. OH! WHAT A BEAUTIFUL MORNING**

WORD - PHENOMENAL

QUOTE FOR THE MONTH:

"TELL THE READERS A STORY; BECAUSE WITHOUT A STORY, YOU ARE MERELY USING WORDS TO PROVE YOU CAN STRING THEM TOGETHER IN LOGICAL SENTENCES."

- ANNE MC CAFFREY

CONTACT: Lyn Austin. (Phone: 0468 312 602)

BIRD WATCHING

The November 16th outing replaces our October visit to Lower Goulburn National Park Reedy Swamp. Let's hope we can visit this time. Please meet at the U3A car park for a 9am departure. Please contact Don Roberts 0448889224 or Marg Clarke 0429350875.

LUNCH GROUP

The lunch group members have decided to try a fairly new restaurant in November. Bookings have been made for the 7th, 14th, 21st and 28th at the PHO VIET RESTAURANT which is in Wyndham Street next to the Echo Store and across the road from Rebel Sports. There is parking available at the back of Lovells if you can't get a park along Wyndham Street. Please let me know the Friday before we meet so I can confirm numbers with the restaurant. Please contact **Gail Jelliffe on 0400 531 856** if you have any queries.



THE UNIVERSITY OF THE THIRD AGE



2022 MELBOURNE CUP LUNCHEON

TUESDAY, NOVEMBER 1

11am onwards

at

GVU3A Esson Street Hall

Cost: \$15 (Pay at the door)

BYO Drinks & Glasses



Competitions

Fashions on the Field

Wear your special hat



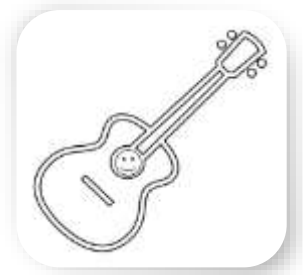
Book by Friday, 28 October by phoning
or emailing:

Rita Bloomfield—0418 580 697 or drbloom@bigpond.com
or

Julie Dainton—0438 218 050 or j_dainton@hotmail.com

UKE3A

The performances at St. Georges Rd. Food Festival and our Art, Craft and Photography Exhibition during October, Senior's month were cancelled or postponed. A Big thanks to members who practised for these events. Also, individual Bands are getting organized for our "Battle of the Bands" play off. Check out the current U3A Benalla and District Website and Newsletter, for an article that references our Uke3A Program.



Our regular Uke3A Program will be delivered weekly on **ALL** Mondays in October/November 2022. Not Mondays in School Holidays or Public Holiday's falling on Monday. (*Provided for Members who are still working and/or may have school holiday minding duties*)

Venue: GUV3A, ESSON Street Hall Shepparton, Time: 12:15pm - 1:15pm

Uke3A Members have weekly access on the *Zoom Platform (from our new smart board at Esson St.)*

For Uke3A Videos and Photos click on the 'Blue' Uke3A heading above.

Beginners are supported and welcome. John Canty

Email: j.canty@hotmail.com Mobile: 0407 264 504 (text preferred please)

HISTORICAL STUDIES

Monday, November 14, 10am U3A Hall

SUBJECT; "What's in a name", Yorta Yorta or Bangerang?

PRESENTER; John Dainton.

The Yorta Yorta Nation is one of Victorian Governments eleven Registered Aboriginal Parties (RAP). The introduction of the RAP's has brought some disappointment to many communities. In Shepparton it manifests itself in a dispute over the relative status of Yorta Yorta and Bangerang. We will look at the role of the RAP its responsibilities and land boundaries and some historical data and maps.

John Dainton mob 0417 549 502

WALK AND TALK

Hi all. Our next walk will be along the Shepparton walking tracks near the Goulburn River on **NOVEMBER 9th**. We will see how these tracks have fared in the floods. Meet at the U3A carpark at 8.45am for a start at 9.00am. Bring morning tea etc where we will have a discussion re our final walk for 2022

Please note the Benalla walk was cancelled due to the weather and with only 4 walkers attending

David Taylor mob 0412802427

NATURAL RESOURCES AND REGIONAL DEVELOPMENT

Friday November 4 at 10am. Changes in the way livestock are exchanged.

Barry Croke will lead a discussion about how various classes of livestock in the region find their way through the supply chain. This will cover trends in private treaty sales, on-line sales and in the role of saleyards.

Friday November 11 at 10am. Managing water distribution.

Andrew Shields of Goulburn Murray Water, who had to cancel his session last month due to the impending floods, will bring his recent experiences to this topic. This includes management of our storages and how the various demands for water are prioritized.

Barry Croke 0488 058 231

BOOK CLUB 3

Members are reminded they are reading: "*Eleanor Oliphant is Completely Fine*" by Gail Honeyman and we are meeting at Riverlinks café on Wednesday 2nd November @ 10.30.

Rita

SCIENCE MATTERS

Our Science presentation on Monday November 21st will be an analysis of the dual roles of **climate variability and climate change on the weather conditions that fuelled the 2019-20 bushfires** in eastern Australia. This will be based on a review paper written by 17 climate scientists (mainly Australian) and published in 2021. Their analysis is that climate change piggy backed onto the natural El Nino weather cycle in forming the hot, dry and windy conditions that drove the fires. These fires burnt more than 23% of eastern Australian forests and are rightly described as unprecedented. I will be the presenter.

Allan Wilson 0427 399 648

SOCRATES CAFÉ

Socrates Café will be on Monday (24th October) at 10.00 am at the GVU3A hall (weather permitting). Course Leader Tina will be away so Harry Lee and Greg Barnes will attempt to control the discussion.

The topic will be: Equity. Is a fair go for all just a slogan? Can it really determine the lifestyle of Australia as a country and Australians as sharers in our common community?

I hope to see you there. Greg Barnes

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet, please use the account numbers below and use your name as the reference.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049