

Goulburn Valley



GOULBURN VALLEY University of The Third Age
(For active semi-retired or retired persons of mature age)

GVU3A Hall: Esson Street, Shepparton. Postal: PO Box 14, Shepparton 3632 Phone: 58213333

WE'RE ON THE WEB - www.gvu3a.com.au

March 2022

CONTACT DETAILS

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vacant

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(Entries close on 21st of each month)



A MESSAGE FROM THE PRESIDENT

A very warm welcome to our new members. The Committee looks forward to meeting you during the year. Our returning members will be happy to show you round and make you feel welcome. You will have a name tag awaiting you on the front table. Please take it home with you and wear it when you come to U3A.

We hope you have a great time at GV U3A.

U3A Annual General Meeting and Morning Tea

Our AGM will be held on Tuesday March 1 at 10am. Our secretary has received nominations for all positions, so please come along to the AGM, knowing you can relax this year. We have a couple of items to ratify which were outlined in the previous 2 newsletters. For your enjoyment we have an outstanding guest speaker, **Keith Twigg**, who was postponed last year due to lockdown number 5. Keith comes from Cobram/Barooga and will be speaking about his time spent on the Nullarbor.

Our catering committee are also preparing a home-made morning tea for the you to enjoy.

Our enrolment morning was very successful. Thank you everyone who brought a friend along. The Committee was pleased with all the interest shown in attending the new courses especially Astronomy, Scribblers, Singing for Pleasure and Bookclub 3.

Our committee has recently updated the whiteboard in the Hall, as well as a new laser jet printer/photocopier for the office. These will assist many of the groups using the carpeted area and provide quick copying for the course leaders. We are also looking at updating some of the audio-visual equipment.

One of our goals from the strategic planning day in January was to engage more actively with our culturally diverse community. We have had the Ukulele group perform at the St Georges Road multicultural food festival recently. Later in the year we hope to organise further events.

Hoping to see you at the AGM to see and hear Keith Twigg. This will be my last newsletter as President. Thank you to everyone for your support over the past 2 years.

Liz

[GVU3A WEBSITE](#)

This newsletter contains a number of links to Course Pages on our website. **A BLUE, UNDERLINED HEADING** is a link to those courses with a page on our site (Click the title to this entry). Click on this link to find our further information that has been placed by Course Leaders. For those Course Leaders who have not yet had a page created or haven't updated for a while, and wish to, please contact me.

David Muir 0414881369

MEMBERSHIP for U3A

The following people have paid their membership fees BUT have not completed a membership application form:

Dianne Perri

Vicki Tennant

Patricia Crane

Please collect an application form and leave it in the white letter box beside the office door, if course leaders know of these people, please alert them to what is needed. A newsletter cannot be sent out until member details are known.

ALSO

I received a direct deposit of \$60 into the U3A bank account on 24/1/2022 at 4.27 pm from Bank First - A/C no 0108464651 and reference no. 177312022. This person did not put their name in the reference line and so I'm unable to issue a receipt. If this is you, please call me.

All members who have paid fees have receipts written and these can be collected from the receipt box on the table at the hall front door. Course leaders are required to register receipt numbers on their course members list so show that participants are eligible to attend.

Fees are NOW due to be paid for 2022.

Pay by cheque or cash placed in the white letter box by the office door - in an envelope with your name on the front.

OR by direct deposit

Bank details are :

BSB 633-000

A/C no. 127742898

Name : U3A Inc

Please include YOUR name in the reference line

Please contact me if you have any queries.

Kerrie Midgley, Membership Officer

Ph. 0439511929

BIRD WATCHING

Our first outing for 2022 will be on the 16th March, a morning walk at Jordans Bend Shepparton. Please meet at the U3A car park for a 9am departure.

Please contact Don Roberts 0448889224 or Marg Clarke 0429350875

WALK AND TALK

March 9th Dookie Rail Trail

Meet at 8.45am at U3A car park for a 9.00am start carpooling to Dookie meeting our guide Bobby Dohnt at the CWA Gardens in Mary St. We plan 2 walks - one in the morning (about 5 km return) and one after lunch (about 3km along the rail trail). We will have morning tea before the first walk.

Note: Bring morning tea and lunch – (there is a small café in Mary St). if you wish to return to Shepparton after lunch let me know at the U3A car park for Carpooling.

If the weather is going to hot we may return after lunch

Shepparton Botanical Gardens 9th February 2022

Meeting at the carpark at the South end of Lake Victoria with 13 walkers we started our walk along the Goulburn River Track to the railway bridge, then on to the track which takes you to the Botanical Gardens via the new bridge over the Broken River. All walkers were happy to walk to the lookout at the top of Gardens with views all around. We spent about twenty minutes before returning for coffee at SAM and heading home. Thanks Tony and Bev our guides.

Note if you feel like a coffee at Sam the café is open Wednesday to Friday 9.00am to 3.00pm and Saturday, Sunday 8.00am to 3.00pm

David Taylor Mobile 0412802427

HISTORICAL STUDIES

Monday 14th March 10am U3A Hall

SPEAKER: Marcia Birnie.

“Who was James Squire? Why was he a First Fleet convict? What implication, if any, did the case known as the ‘Canning Affair’ heard in the British Court System in 1763 have on his transportation to Botany Bay? Why is his name still used in commercial ventures today? He was something of a complicated character, a savvy business man and, from the information gleaned, also considerate of many of the problems faced by freed convicts in the Colony of NSW and a man who never forgot the family he left behind in England.”

Marcia is a descendant of James Squire.

John Dainton mob 0417 549 502

LUNCH GROUP DETAILS FOR MARCH

MONDAY LUNCH VENUES

During **March the group will visit The Shepparton Club at 12 noon every Monday.** The dates to put in your diary are the 7th, 14th, 21st and 28th. The Labour Day Holiday in Victoria is on the 14th but the club will still be open. Many of our group have been members of the club in the past and I will have membership forms for people if they wish to join again.

The cost is \$5 a year. It isn't necessary as you can be signed in by another club member when you attend. I need to know the numbers attending by the Friday beforehand so I can notify the club and they can locate a space for our group. Any U3A member can attend the lunch gathering. All you need to do is let me know on 0400 531 856 so I can include you in the booking numbers. Gail Jelliff

ASTRONOMY

At the enrolment day six people expressed an interest in forming an astronomy group at U3A. Many of you would have seen the excellent articles in Shepparton News about a small group looking to form a section of Astronomical Society Victoria in Shepparton. ASV Shepparton has now been formed and U3A member Michael Goodwin is the section leader. He is being assisted by Aziz Omer, Peter Read and Derek Poulton.

Given the interest in astronomy at U3A it has been suggested that ASV Shepparton meet at U3A and U3A members also be invited to attend these meetings and attend public star gazing nights planned by ASV Shepparton.

While this arrangement has yet to be formally approved by U3A committee or ASV Shepparton, U3A and ASV Shepparton are working together to the mutual benefit of all involved. If you have an interest in being part of an astronomy group at U3A please contact Michael Goodwin (0448402032) or Derek Poulton (0418559263).

UKE U3A

Our regular Uke3A Program will continue for Members (and invited guests) on Monday's, currently AT ESSION ST Shepparton. A big welcome to our new members for 2022.

12:15pm - 1:15pm (Rear Garden Space)



Our Uke3A Members participated at the St. Georges Rd. Food Festival Shepparton on Saturday 29/1/2022. The performance embraced the "food theme" with a brief overview of a country's cuisine, then a popular song performed, of that Country.



Our opening "Warm Up" Song, "Jug Band Music" was penned by our own Greg Barnes and performed by Members of Uke3A at "The Festival."

John Canty

Email : j.canty@hotmail.com

Mobile: 0407264504 (text preferred please)

500

Tuesday afternoons are fun filled "Five Hundred" card games at 3.45. The 2 hours pass so quickly. All members are welcome no matter your skill level. Odd numbers are catered for. Standard rules apply.

Harry Lee 0400 770 972 lizlee01@gmail.com

NEW PRINTER/COPIER IN THE OFFICE

When you go into the office next you will find a new Brother printer/copier in the office. To use the printer as a copier just place the items to be copied in the document feeder on the top of the printer. Touch the display pad on the front of the printer and it will light up. If you just need one sided copy simply press copy. If you want to print double sided select 'options' , 2 sided copy then choose either 2x1 sided to double sided copy or 2x2 (double sided to double sided). You will find its quite intuitive and simple to use. Use the back button or home button to the right of the touch screen to return to the touch pad home screen. If you need colour copies or A3 copies, or you have private copying to do, please go to Officeworks or the library.

The printer has been purchased jointly by the U3A and the bridge group. Ongoing toner replacement will be paid for by U3A as the printer is used by all U3A members.

Please do not use the old HP printer. It is old and slow, more expensive to use, and will only print single sided copies. However, it will be retained as a backup. We are planning a clean-up in the office in the next few weeks. If you are in need of an old computer or monitor it could be yours for a small donation. City of Greater Shepparton have procedures for disposal of ewaste if the surplus equipment does not find a home.

CREATIVE CRAFT

Crafters are back enjoying themselves with plenty of chat and working on their own projects. it was lovely to welcome two new faces and we look forward to their ongoing enjoyment in our group. Projects include knitting, crocheting, embroidery and patchwork. If you have any craft skills you would like to share with the group, you are most welcome to join us.

Looking forward to continued crafting.

Gael Thompson Mobile 0458 215 794

PHOTOGRAPHY



Dave At SAM

2022 photography is up and running. A small group of enthusiasts, under Lex's tutelage, gathered at the Shepparton Lake last Thursday to take images as he instructed. Instructions sometimes get lost in their implementation, however we all trooped around the lake, snapping here and there, culminating with an afternoon tea at SAM.

This coming Thursday we're off to the Kyabram Fauna Park, meeting at 1.30pm at the Mooroopna Woolworths car park prior to the journey.

Check the web page (Heading Link) for more photos!

WRITING4PLEASURE

Here is it February already and another meeting has come and gone. It was wonderful to have 16 members attend and some great stories/poems were shared. We also welcomed new members Jan and Robyn to our group and said farewell to Lynne, who has moved to Kilmore.

MARCH TOPICS – PRESENTED BY MEREDITH ARE:

1. NO, IT'S NOT ME, IT ACTUALLY IS YOU.
2. WAS I DREAMING?
WORD - **JUDICIOUS**

QUOTE FOR THE MONTH:

"WRITING WITHOUT REVISING IS THE LITERARY EQUIVALENT OF WALTZING OUT OF THE HOUSE IN YOUR UNDERWEAR."

Patricia Fuller.

CONTACT: Lyn Austin. (Phone : 0468 312 602)

DANCING AND LEARN

Classes will finally recommence on **Tuesday, March 8 at 10am** under the instruction of our popular dance teacher Linda Grima and will be subject to appropriate Covid regulations. Dancing is considered a sport, so face masks will not be required when dancing.

We are still looking for more males to attend so if you could put a shout out to members, it would be much appreciated. We are a very social group; the dances are very easy to learn and it's a lot of fun. At the end of the day dancing is just a "vertical expression of a horizontal desire," a great form of exercise and much better than eating hospital food.

Members \$5. (Non-members \$10 for the first 2 sessions, then join U3A).

Simon Wyatt Ph.0456 575 268 swyatt.gm@gmail.com

CATERING NEWS

Thank you all for your feedback from the Christmas lunch. Your comments and suggestions are always welcome as our team strive to provide delicious refreshments at U3A functions.

Covid has severely impacted the way in which we must handle and serve food in an effort to keep members safe. However, we are looking forward to a time where we can deliver foods in a less restrained way.

On Tuesday 1st March there will be a morning tea along with the Annual General Meeting.

Our small team are on the lookout for a few more helpers to prepare and serve during functions – particularly the Christmas lunch. If you feel you may be able to contribute I'd love to hear from you if you feel you would like to give us a hand. Please contact me on 0438 218 050 if you are interested.

Julie Dainton

Catering Coordinator.

SCRIBBLERS

The Scribbler 6 week course covers the fundamentals of art and principles of design to build a strong foundation in drawing, so members develop the confidence to explore their personal drawing style and find their own visual voice.

The course aims to build a supportive, social environment which is uniquely enhanced by online sharing technologies like WhatsApp.



Scribblers course is for members who share an enthusiasm for drawing, regardless of their skill level.

Thanks, and acknowledgement to Olga Evans from U3A Indigo, Jill Riordan U3A Shepparton and Nellie Collier from U3A Network for their work on the creation of this course guide.

Photos by Olga, Karin, Deb, Maureen, Urtes and Ellen from U3A Indigo and Jill from U3A Shepparton.

SCIENCE MATTERS

The Rosetta Mission: On **Monday March 21 at 1.30** we will present the second of the talks linked to the Murchison Meteorite. This is a presentation by Australian scientist, Warwick Holmes, on the Rosetta Mission. In a science project lasting over 20 years, a spacecraft was designed to rendezvous with a comet and determine its chemical composition. The project was inspired by the analysis of meteorites such as the Murchison Meteorites called carbonaceous chondrites.



This is a fascinating account of the project challenges and outcomes by a scientist directly involved in the project.



Derek Poulton and Allan Wilson (0427 399 648)

INTERMEDIATE ITALIAN

If anyone has copies of the textbook “Ultimate Italian” with a green and orange cover and are willing to pass it on, or sell it, please let me know as it is very hard to find.

We have lots of conversations, in Italian of course, plus some *Barzallette* or Jokes. It is always a challenge to “get” a joke in another language or to try and translate one from English into Italian.

Liz Lee 0409 703 868 lizlee01@gmail.com

TELL US A YARN

A pop up course **Thursday 31st March 10.00 am to 11.00 am**

Bill O'Hare sidled up to me the other day and said "We ought to start a joke club here at U3A Greg" and I said "Why would we want to do that, Bill?" and he said "Well because of all the unpleasant things that have been happening to us over the previous two years, people need a bit of a laugh" then I said "Sounds OK. Who is going to run it, Bill?" and he said "You Greg" and I said "Ahhh" with an upward inflection.

So, I put the proposal to the committee and they said it would be OK to have such an event BUT no jokes are to be told that are really rude, politically incorrect, sexist, or anything that is of a coarse nature or anything that is uncouth - so I enquired as to what was left to be told. "They could tell jokes, like - there's a fine line between a numerator and a denominator. (...Only a fraction of people will get this clean joke.) and members could recite some funny poems (for example Liz's favourite "Roses are reddish. Violets are bluish. If it wasn't for Christmas. We would all be Jewish") or maybe they could tell some funny stories (Don Brisbane is a genius at this). And so, the pop-up course, **Tell Us a Yarn**, was born.

Let me know if you can make it at 10 am Thursday 31st March.

Greg Barnes (dngbarnes@hotmail.com)

COMMUNICATING WITH TECHNOLOGY

We are having some fairly busy sessions as members come to terms with creating newsletters, sorting photos and emails, creating spreadsheets and general computer issues. Our phone and iPad users have been looking at adding apps, creating reminders with their calendars, saving files, having a COVID certificate on their phone, finding out some interesting things with the camera amongst other activities. Classes are full, but should others wish to join to learn about their mobile phone/iPad, please contact me and I'll see about adding a class on a Tuesday afternoon.

There will no Technology classes for March 7, 14 or 21.

David Muir (0414881369)

Not sure of the current U3A Timetable, what a particular course is about, or who to contact for course information? Click on this link (<https://www.gvu3a.com.au/courses-timetable>) and then click on the Course or Timetable button to download the information.

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049