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ACKNOWLEDGEMENT

We sincerely thank the
office of Wendy Lovell
for the printing of this
newsletter.

MESSAGE FROM THE PRESIDENT



The Art, Craft and Photography will be held on Saturday and Sunday 15/16

October. If you can help in the setting up prior to, during and/or after the art show please put your name on the very colourful roster on the folding doors in the hall.

Social Morning: Thon Thon, one of the Lost Boys of Sudan, will be the guest speaker at our social morning on Tuesday 4 October. He was booked for last month but did not make it due to a communication problem. He will certainly be here this month. Thon will talk about his escape across the desert, FGM and life in Australia.

Melbourne Cup day at Gvu3A will be held Tuesday 1 November. Sue Walmsley will need assistance at 4pm 31 October and on Tuesday morning with setting up. Cost \$10 a head. Starting time will be 12 noon, lunch is provided (BYO drinks, glass and bottle opener), the horse races will be on the big screen, a cup sweep will be run plus plenty of other activities.

Annual Bus Trip

The cost of the nine day trip to Tasmania for a double shared room will be \$2,050 if 25 to 29 people go, \$2,000 if 30 to 34 go, \$1,950 if 35 to 39 go and \$1,900 if 40 or more go. A single room will cost \$450 extra. We leave Fords bus depot on Wednesday April 5 2017 and arrive back on Thursday April 13. Cabins on the ferry will have their own toilet and shower. To secure your place a \$200 deposit is required by the end of October. Deposits can be made either electronically into the Gvu3A Trip Account: BSB 633 108 Account Number 1298 96049 or placed in an envelope addressed to Denise Leffler and posted into the white letter box near the office door at Gvu3A. Don't forget to include your name. For further information see Kevin Jordan, Glen Burdekin or Denise Leffler.

Scrabble Peg Newman is into mind games and is keen to start a weekly scrabble competition beginning at 1 pm Friday 7 October. If you would like to come along and have a scrabble board and letters could please bring them.

(Cont.)

Message from the President (Continued)

Dancing classes are still being considered. Beris is on the case and we may have some further news for you in the next newsletter.

Traveler's aid. Services for Seniors card holders are available at the Southern Cross train station. Brochures in the GVU3A hall foyer provide further information about this.

Bring back the **nametag**. Some committee members would like to see more GVU3A members' wearing nametags.

Regional meeting - Cobram U3A held the last regional U3A meeting of all NE Victorian clubs. Two well qualified speakers told us about ageing, isolation and loneliness; promoting well being and that people are generally active and healthy for at least 10 years after retirement. They also said you need financial security, a sense of purpose and good personal relationships to be happy at this time of life. To maintain or increase our membership U3As have to keep regenerating themselves by having a succession plan for committee members and course leaders and should always be welcoming to new members so that they will come back.

GVU3A Survey: At the last social morning I mentioned the results of this survey. Of our 340 members that received surveys 86 replied. 76% of these respondents regularly or occasionally attended U3A social activities (e.g. cup day, social morning, trivia night). This is very positive compared to the other five U3As that were involved in a similar survey. 20% of GVU3A respondents have a university degree which shows that the name University of the Third age did not discourage the remaining 80% of people from joining. 61% of our respondents were female, 31% were male and 8% did not answer the question. Our actual membership has a greater imbalance with 73% female. About half of the respondents live with a partner, 12% live in a retirement village or similar (this percentage was much higher than other U3As). 31% had of our respondents had a disability where as the ABS says that in Australia 48% of those over 60 have a disability (is GVU3A doing enough to cater for people with disabilities?). 88% found out about U3A through a friend or word of mouth the remaining 12% found out through our advertisements. This 88% was higher than other U3As. Our committee will look at these results and determine what can be done.

Greg Barnes

SANDRA'S KEEPSAKES

Christmas will be here before we know it. This month you can make a Christmas star tree to place in your house to make it look "Christmassy." On Tuesday 18 October people have the chance to attend the hall from 9 am till 12 noon to make the Christmas Star Tree. It will cost \$28 for the timber tree, some glitter paper and some decorations. Please ring Sandra on 58210231 by Tuesday 11 October so she can order the necessary materials.



CRAFT

The craft girls attending each Tuesday have been enjoying their afternoons doing various projects of their own. On Tuesday 4th October they are being asked to attend so we can have a meeting to discuss the Art/Craft/Photography Show to be held 15/16 October. Usually craft ladies display lots of their work but it seems this year it is not so popular. We need to discuss this matter so the committee can be advised whether we want to take part. Please attend.

NATURAL RESOURCES

Friday October 7; 10am U3A Hall

GUEST SPEAKER; Dr. Jenny Wilson, Strategic Landscape Planner, Goulburn Broken Catchment Management Authority

SUBJECT; Jenny will discuss the research, on ground works and happenings in the grassy woodland ecosystems of the Goulburn Broken Catchment.

Friday October 14; 10am U3A Hall

GUEST SPEAKER; Sam Birrell, CEO Committee for Greater Shepparton. The Committee was established to unite its business and community leaders to influence public policy and advocate on issues to strengthen the economy and make the region a more vibrant place to live. The Committee represents over 80 of the most influential businesses, community organisations and statutory authorities from the region.

SUBJECT; Sam will discuss the activities of the Committee for Greater Shepparton and his journey in regional leadership.

BUS TRIP, FRIDAY NOVEMBER 4

Visit Lake Buffalo dam upgrade and see Winton Wetland progress.

Departs Ford's Bus Depot Telford Drive Shepparton 8am returns approx. 5pm

COST \$50, includes picnic lunch at the Lake Buffalo Recreation Area and afternoon tea at the Winton Wetlands Café.

Money required by October 14 Natural Resources Meeting.

John Dainton 5821388

HISTORICAL STUDIES

Keith Smith will present his paper on "Wireless History" on Monday 10 October at 10am. All welcome. Suggestions for the 2017 programme are sought for consideration.

Contact John Lawry at jrlawry@bigpond.com Or 58231704

SOCRATES CAFE

The topic for open discussion on Monday 24 October at 10am is "The role of Volunteers in Modern Life."

Pat Crudden will commence the session with his insightful introductory comments. If you are interested but have not come to Socrates Cafe before be assured that the session is conducted under the Chatham House Rule and a respect for the opinions of others. No record is kept of the discussion. Contact John Lawry at jrlawry@bigpond.com or 58231704

CANINE CAPERS

Canine Capers will meet at 10am at the cafe end of the lake to facilitate doggies entertainment and ours. Contact Janiene 0409 337 520 or Jeanette 043802140808. All doggie people welcome even if they have been walkies earlier in the day (att: Anita). Please bring your loved puppies for socialisation, and yourselves for the same.

WALK AND TALK

On Wednesday 11 October we will meet at the U3A car park at 8.45am for a 9am departure in shared transport for an all day outing (back in Shepp by 3 or 4pm). We will either do our rain-delayed trip to the Killawarra Forest in the Warby-Ovens National Park, or to one of the Dookie walks. Come with your morning tea, and lunch and be prepared with suitable clothing, shoes, water bottle and sunscreen. The weather has been difficult to predict lately but hopefully we will be able to make a decision before the day. New members are always welcome.

Christine Wilson 5822 1474 Mob. 0428 399 648

Big Issues from Science

The Modern Revolution - Monday 1.30 pm 17 October

This month we continue our series on the Big History of humans and our civilization with some videos and talks on The Modern Revolution . This is when our own species began to dominate the earth from about 200 years ago. Globalization took over, innovation accelerated and we began to exploit the abundant energy of fossil fuels. This is a new era in Earth's long history that is now referred to as the Anthropocene - a new geological age, in which we have taken control of the whole biosphere in which we live.

Allan Wilson 5822 1474

WRITING4PLEASURE

The stories go on and get even more interesting. Everyone is welcome at our group and if anyone is wondering how they would start, just remember; if you can talk you can write. You can start anywhere!

Contact Mary Heneghan 58316997 Bridgette Brisbane 58271316

BIRD WATCHING

The 19 October outing will be at Kinnairds Wetland Numurkah. Please meet at the U3A Hall at 9am. This will be a morning only outing. Please contact Marg Clarke on 0429350875. I will be away.

The 16 November outing will be at Victoria Park Lake Shepparton. Please meet at the U3A Hall at 9am or at the west side of the lake near the footbridge over the Goulburn River at 9.10am. Please contact Don Roberts on 58252404 0448889224 or Marg Clarke 0429350875.

GARDEN CLUB

22 September Euroa Arboretum talk and tour. Meet in the U3A car park at 8.50am for a carpool. We will have a guide to talk to us about the establishment of the Arboretum and what their role is today. We can park at the picnic shelter (toilets handy) and do a circular tour. There is a nursery if anyone would like to purchase plants.

27 October Our big day out in the Yarra Valley. (Car pool)

"Alowyn Gardens" in the morning, then the Coombe House-Melba Garden Tour, and the Yarra Valley Chocolate Factory stop. Unfortunately this trip clashes with the Hospice Garden Tour trip which some of our garden members are booked on.

IMPORTANT: I require definite numbers for the Melba Tour. Please email me cc_blake@hotmail.com or phone 0402308858 **no later than 10 October** if you are coming. I have reserved 12 places for us. Cost \$25.00 which covers the tour starting at 2pm and afternoon tea to follow. Participants will need to arrange to pay me before 10 October.

24 November Strathmerton Cactus Country Display. This is the perfect time to view the garden as the plants will be in flower. Entry: approx. \$10. There is also an Almond Farm near by which might interest people.

MONDAY LUNCH GROUP

October venues: 3rd. King City. 10th Cellar 47. 17th Last Straw. 24th R.S.L. 31st Terminus.
STARTING Time 12noon All welcome. Joy Markey ph 58216387

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049