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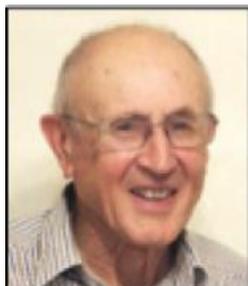
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ACKNOWLEDGEMENT

We sincerely thank the office of Wendy Lovell for the printing of this newsletter.



MESSAGE FROM THE PRESIDENT

Allan Wilson

Hello to all Members

The world around us has changed a lot since we were young (eg. phones, apps, music and social attitudes). At times we feel like Alice in *Through the Looking Glass*: we keep running just to stay in the one place. At U3A we try to keep up by at least walking. To this end from time to time we try out a few new things. The new Ukelele class is off and running. Next year perhaps walking soccer!

Our Forum on Ageing Gracefully in Senior's week in October (Wed 16th) is another. This day will be packed with good advice on how to keep our minds alert and stave off the march of senility. We have assembled an outstanding line-up of speakers. A gourmet lunch is included, which is worth more than the \$10 fee, so don't forget to book. It is open to non-members and more than a half of the places are already booked.

In the same vein you may have seen our new signage facing the street, with our colourful U3A GOULBURN VALLEY sign in two places. Thanks to Ray Watt for procuring and erecting the signs. This will all help to tell people who and where we are.

Our members have many different interests. However, there are some classes that have broad appeal to many. One of these is John Dainton's 'Natural Resources and Regional Development' talks on Friday mornings. These talks have now branched out into more topics than water and farming. The recent talk by Carrie Donaldson on tourism in the G V is a case in point. We also have informative speakers at our social mornings on the first Tuesdays and Industry Tours on an occasional basis. These classes are a great way to broaden your horizon and keep up with events in the region.

Last month's Trivia night also exercised the brain and kept us linked socially. A bit of light fun, and a chance to glory in our wins and laugh at our mistakes. Thanks to Gail Jelliff, Sally Naylor and Sue Walmsley for organising the evening

Allan

SOCIAL MORNING GUEST SPEAKER



Our guest speaker at last month's Social morning was John Sciacca, the McGuire Campus Principal for the new Shepparton High School. John gave a passionate run-down of how the new Greater Shepparton High School (interim name) has been planned and the way it will operate. He then answered the many questions from the floor and stayed talking to members until everyone had left.

Our guest speaker at the October social morning is John Dainton. John will talk about his research into Shepparton origins which shows that all the books on the topic are wrong. Come and enjoy a delicious morning tea and catch up with the members you know and others who attend different groups to yours.

TRIVIA NIGHT

The trivia night on August 30th was a great social success. There was lots of laughter, friendly banter between team members and surprise at some of the trivia answers. It's amazing what the mind can dredge up at times. And when you hear an answer it brings back memories that were hidden deep in the mind. Fifty-six people had a great time with people taking home some nice prizes. The winning team had 73 points and the last team had 39 points with all the other teams spread out between the other two scores. I would appreciate any feed back from the people who attended so we can plan for 2020. Please ring Gail on 58211315 with your suggestions while they are fresh in your mind.

OPERA APPRECIATION



Our next opera, after the break, will be Turandot on Sunday October 27. Please let me know if you need a ride to Wangaratta OR if you are taking your car and who your passengers will be.

Madeline Dyer 0417580025. More information to be sent in the week beforehand.

NATURAL RESOURCES & REGIONAL DEVELOPMENT

FRIDAY OCTOBER 4, 10am U3A HALL

GUEST SPEAKER, Carl Walters, Sustainable Irrigation Manager GBCMA

SUBJECT; Hybrid drainage - a new approach to irrigation drainage in Northern Victoria.

FRIDAY OCTOBER 11, KANYAPPELLA / LOWER GOULBURN BUS TRIP

Departs Ford's Bus Depot Telford Drive Shepparton 9am returns approx. 5pm.

Morning tea Koyuga Hall. Pizza lunch and wine tasting at Cape Horn Winery included in cost.

Afternoon tea Nathalia and will finish the day at Loch Garry.

COST \$50, money required by October 4 Natural Resources & Regional Development meeting.

John Dainton ph. 5821 3881 or mob 0417 549 502

CREATIVE CRAFT

We had a great turnout on 20th August for the 3D demonstration (below) with over 30 members enjoying the fascinating display. Thank you to Carol Evans for organising the display and afternoon tea.

Carmel Johnson from GV Health has requested if members could knit or crochet jackets for babies size zero - 3 months.

Do not forget craft girls get together 1pm - 4pm each Tuesday. Come along and enjoy a few hours with others or even for a cuppa, now the weather is warmer. Di Courtie phone 58215394

On August 20th the Craft Group invited all U3A members along to a demonstration of 3D Printing by Denis Parnell. 33 people attended and were fascinated by Denis and his wonderful machines.



He explained the workings and also the constructing of the machine and the low cost of 3D printing. Many questions were asked by members and Denis answered them all. A great day was had by all and that included everyone getting their own 3D Gecko to take home.

MONDAY LUNCH GROUP

The group will meet at The Overlander on October 7th followed by The Last Straw on the 14th. The next gathering will be at The Terminus Hotel on the 21st and lastly at The Sherbourne Hotel on the 28th. All U3A members are welcome to join in for a meal and a chat. Contact Gail on 58211315 if you have any questions.

2020 U3A Annual Trip – 16 to 21 March

We have several names in already with suggestions for our next trip away. If you are thinking of joining the group then please register your name on the Trip Sheet in the U3A foyer along with your suggested destination. A final decision regarding the destination will be made following the October 1st Social Morning. Any questions - please phone Ray Watt on 0439716420

BIRD WATCHING

On October 16, Bird Watching will be at the Shadforth Reserve, Violet Town. Please meet at U3A for a 9am start in shared transport. Please bring lunch, drinks and a chair
Marg Clarke 0429 350 875, or Don Roberts 5825 2404, M. 0448 889 224.

SOCRATES CAFÉ

The October 28 gathering of Socrates Cafe will consider the question:
“Do business owners have the right to refuse service?”
Leading/initiating the discussion will be Graeme Hanigan.

Robert McLean at 0400 502 199 or via email at r.mclean7@icloud.com.

INDUSTRY TOURS

Fourteen of us had an interesting visit to Trevaskis Engineering in Tatura. That concludes Industry Tours for 2019. I will be away during October so the visits are suspended - or "prorogued" in modern parlance! Thank you for your interest; I look forward to 2020.

John Hetherington.

mrjfh@me.com

0419 319 339

SCIENCE MATTERS

Monday October 7 at 1.30: Nigel's Chemistry in the Marketplace

Nigel will continue his series of talks on this topic with emphasis this month with a journey into the chemistry of detergents.

Monday October 21 at 1.30: A Scientist's View of Genetically Modified Foods

Professor Ian Godwin, a distant relative of class member Lorraine Noonan, is an expert on GM technology and a specialist in sorghum breeding. He is a professor at Queensland University and Director of the Queensland Alliance for Agriculture and Food Innovation. Ian is author of the book: *Good Enough to Eat? Next Generation GM Crops*. We will play his recent lecture to 'BrisScience' as a background to talking about GM and Organic foods.

Contact: Allan Wilson 5822 1474

WRITING4PLEASURE

Our numbers were steady at our August meeting, even though a few members had headed north towards the sunshine. Those present on the day, read and listened to an interesting and varied collection of stories.

We meet FROM **1 to 3.30 pm**, on the **THIRD THURSDAY** of each month,

Venue - Shepparton Library meeting room.

A small donation of \$2.00 per meeting will continue and go towards the cost of printing our end of year book. Each month a different member of our group, provides **two topics** for us to write approximately **500** words.

Topics for OCTOBER - A LEAP OF FAITH

- MY FOUR LEGGED FRIEND

QUOTE for the month: - *"Don't try to figure out what other people want to hear from you; figure out what you have to say. It's the only thing you have to offer". BARBARA KINGSOLVER.*

CONTACT: Lyn Austin. **Phone - 0468 312 602**

WALK AND TALK

On Wednesday October 9 our walk will be led by David Taylor at Bright. We will do the Canyon walk which is Bright's most popular walk. It takes you past a small canyon carved by the Ovens River and amazing water races carved by the hands of early miners. There are some steep steps in places so a hiking stick would be useful. Please meet at the U3A car park at 8.45am for a 9am start in shared transport. Bring your own morning tea and lunch and drinks. Wear suitable shoes and clothing and hat for the weather conditions of the day. Camera and binoculars can be useful too.



For our September walk we had a perfect spring day in the Killawarra State forest. We were pleased that there had been sufficient rain to help the emergence of several early orchids and some beautiful wattles and we were sorry we didn't have more people with us to share the experience. On the way home we stopped to view the silo art at St James and Devenish.

New members are always welcome to come and walk and talk with us.
Christine Wilson 5822 1474 0428 399 648

Live Life, Live Well: The Art and Practice of Growing Old Gracefully

This Seniors Week event on Wednesday October 16 (10am – 3pm) will be led by Assoc Prof Christina Bryant from Melbourne University's School of Psychological Sciences, who will tell us the latest on how to maintain wellbeing as we age. There will be several other supporting speakers, with a gourmet lunch tray and fruit included at no extra charge. The full program is displayed on posters at the hall and was attached to the previous newsletter.

Bookings are essential as space is limited. Place your name on the list in the foyer and confirm by dropping \$10 into an envelope and placing it into the locked box on the wall beside the office.

Enquiries to Liz Lee at 0409 703 868 or Allan Wilson on 0427 399 648

2019 CUP DAY LUNCHEON – TUESDAY NOVEMBER 5

11.30 am for 12 noon start

\$10 per head – payable on the day

Nibbles provided

Lunch: Chicken and Ham and

Members surname A – M to bring a sweet

Members surname N – Z to bring a salad

Fashions on the Field

\$1 and \$2 sweeps

Lucky door prize

FUN DAY

UPCOMING EVENTS

Wednesday October 16	Ageing Gracefully forum
Tuesday November 5	Cup Day Event and lunch
Tuesday December 3	Christmas dinner at our hall

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049