

Goulburn Valley



SHEPPARTON & DISTRICT

GOULBURN VALLEY University of The Third Age
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gvu3a.com.au

JUNE 2019

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We sincerely thank the office of Wendy Lovell for the printing of this newsletter.



MESSAGE FROM THE PRESIDENT

Allan Wilson

Hello to all Members.

Winter is upon us now, but the smart set amongst us life-stylers will be covering their aches with some brain work and activity at U3A. My campaign on wearing name tags is bearing fruit with nearly all wearing a badge to the social morning. It helps me remember who you are! The door prize for badge wearers in May went to Carole Trotter – a mother's day potted cyclamen. As for the class groups, my award (no prize) for the most name tags worn goes to History, closely followed by Writing4Pleasure.

Our U3A is an autonomous body, although along with the other 107 U3As in Victoria we belong to the U3A Network, for which we pay an affiliation fee of \$2 a member. Recently I went to a briefing in Melbourne on the future structure of this network. What do we get for our \$2? Well, quite a lot.

There is the mundane administrative help we get with policies, insurance and the use of their trademarked logo. There is support in the form of ideas on courses and training for presenters. There is advocacy at State and Local Government level, with U3As now being recognized as good for the health and wellbeing of older folk and therefore worthy of money support. Then there is the knowledge we can draw on to overcome problems.

In the future there will also be better technology support through management programs such as **U-MAS** or **MyU3A**. These programs are comprehensive U3A communication systems that cover membership, class enrolment, timetables and course descriptions. This, together with a website, reduces the need for regular newsletters – most are just once a term. If you are interested in what other U3As do you might like to google some of these. I suggest that you sample Castlemaine, Geelong, Benalla and Melbourne City as examples. Their range of courses is not unlike ours, except that they appear to run more academic courses. GVU3A members may not be ready to have everything, including enrolments, online, but that is the way the world is going.

Allan

SOCIAL MORNING JUNE 4th

At our social morning in June our speaker will be **Professor Lisa Bourke**. Her address will be on The Crossroads Project about chronic disease and rural health in the Goulburn Valley.

WRITING4PLEASURE

At our April meeting, members were entertained by local poet and artist, Joyce Yates. As a poet, Joyce writes the words and then puts them to music. Her genre is Country and Gospel Spiritual songs and she has seven albums to her credit. Joyce's life has been filled with writing, painting and music.

We meet at **1.00 to 3.30 pm** on the **THIRD THURSDAY** of each month, at the **Shepparton Library meeting room**.

A small cost of \$2.00 per person, covers hire of room and tea/coffee.

Each month a different member of our group, provides **two topics** for us to write approximately **500** words.

Topics for June - **What If?** or - **Food**

Word for June - **Omniscient**

QUOTE for the month: - *"Most writers regard the truth as their most valuable possession and therefore are most economical in its use"* – **Mark Twain**

CONTACT: Lyn Austin. **Phone - 0468 312 602**

OPERA APPRECIATION

Donizetti's *La Fille du Regiment*, *The Daughter of the Regiment*, is showing in Wangaratta on Sunday June 2. The roles were once sung by Dame Joan Sutherland and Luciano Pavarotti. Transport is limited on this occasion and you may need to drive yourself. For further information contact Madeline on 0417 580 025 or dyerm979@gmail.com



INDUSTRY TOUR

Wednesday 22nd May 10.30am.

GO TAFE William Orr Campus Wanganui Rd Shepparton.

As of 15th May there were still two places left. If you want to go please add your name to the attendance list in the U3A foyer.

John Hetherington mrjfh@me.com 0419 319 339

GARDEN GROUP

Isn't it good to see the Correas in flower in our hall gardens? I am particularly pleased to see the Kangaroo Paws showing a spike of colour in the back corner garden too. Per favour Ray Watt, the frames are in situ for the twining Hardenbergia and Hibertias we planted out there as well.

Our May activities include visiting local nurseries and the next nursery is the Riverside Nursery at Emerald Bank, on **Wed 29th of May**. Time 10:30am. Nurseryman, Larry, will speak on any garden- subject, so come along with a few questions of your own.
Jan Vibert. 5823 5433.

The garden group have removed a folding clothesline from the back fence. If anyone is interested in it, please call Ray Watt on 0438 569 611.

SOCRATES CAFÉ

Keith Burney will lead/initiate discussion at the next gathering of Socrates Café on Monday, May 27 - he will ask "Does absolute power corrupt absolutely".

The following month, June 24, Robert McLean will lead/initiate the discussion about "If you were given the ability to reform how your country's leaders were chosen, what would you change".

Socrates Cafe is held on the fourth Monday of each month at 10:00 am

More details about Socrates Café can be obtained from the course leader, Robert McLean, at 0400 502 199 or via email at r.mclean7@icloud.com.

LUNCH DATES

The lunch group will be meeting on
June 3rd - The Royal Mail Hotel in Mooroopna
June 10th - The Shepparton Club
June 17th - The Vic Hotel
June 24th - The Peppermill

All these venues have car parking nearby so access should be easy for our members. For more information please ring Gail on 58211315.

NATURAL RESOURCES & REGIONAL DEVELOPMENT

FRIDAY JUNE 7, 10am U3A Hall

GUEST SPEAKER; Nick Nagle, Executive Officer, Goulburn Valley Waste and Recovery Group

SUBJECT; “Recycling – The State of Play”.

FRIDAY JUNE 14, 10am U3A Hall

GUEST SPEAKER; Ross Plunkett, Manager Enviro / Water Savings, Connections Project GMW

SUBJECT; Update on the progress made by the \$2 billion Connections Project

WALKING FOOTBALL (SOCCER)

There has been an offer from one of our GUV3A members to run a game called Walking Football. Apparently it is the same rules as soccer except you don't run. We would need at least 10 players (five a side), a referee and plenty of patience. If we have enough of our own players we could ask the soccer clubs if any of their past members might be interested in playing. This could be a good way to introduce other ethnic groups to our U3A.

Let me know if you are interested in taking part in the “beautiful game” at walking speed.

Greg Barnes (dngbarnes@hotmail.com)

UKULELE CLASS

From last month's newsletter article we got a little bit of interest in learning to play a ukulele. If we managed to get a few more members interested we could start a class and we would search for a teacher. Members out there might know of a few cool dudes that used to play the guitar. If we could not find a teacher we could learn from YouTube as a group. I had a look to see how much a ukulele costs and they start at about \$30. This class could be a good replacement for “Singing for Pleasure”.

Let me know if you are keen to learn to play, teach or know of a teacher.

Greg Barnes (dngbarnes@hotmail.com)

BIRD WATCHING

The June 19th outing will be at Walters Park (Jordans Bend) Shepparton, a morning outing. Please meet at the U3A hall at 9am or at the park at 9.15. Please contact Pat 0437 354 088 or Denise 0484 195 698. The May outing was at the Australian Botanic Garden Shepparton where we observed 25 species some of which were, Spotted Pardalote, Weebill, Yellow Thornbill, Golden Whistler, Varied Sittella, White-throated Treecreeper, Masked Lapwing and Buff-rumped Thornbill.

CANINE CAPERS

1st Monday of the month meet at Lake near to Aquamoves at 10 am for walkies around the lake with your four footed friends. All animals just want to be loved - just like people.

Info: Janiene 0409 337 520

FILM CLUB

2nd Monday of the month at U3A rooms at 2 pm. June film UP IN THE AIR with George Clooney. "Life isn't about the journey but the connections we make along the way". 105 minutes M.

Info: Janiene 0409 337 520

HISTORICAL STUDIES

MONDAY JUNE 10, 10am U3A Hall: Greg Barnes will give an overview of maritime history

All welcome John Dainton 5821 3881 or mob 0417 549 502

WALK AND TALK

Our Walk and Talk at Crusoe Reservoir, Kangaroo Flat was enjoyed by all. (See Denise's photo). Thanks to Denise for organising this trip and for showing us so many kangaroos that now we know how the area got its name!

All are welcome to our June 12 Walk which has been organised by Ray Watt and he has sent the following instructions:

The next Walk and Talk Group trip will be to Echuca on Wednesday, June 12th. The program for the day will be to meet at the U3A carpark at 8.45am for a 9.00am start. Car pooling will be available.

We will arrive at Echuca around 10.30am and have morning tea (BYO) at the rotunda near Hopwood Pl. opposite the paddle steamer docking.

There will then be a self-led history walk through old Echuca following informative maps which will be provided. Lunch can either be BYO or purchased at cafes, which are close by, we will eat at the rotunda.

After lunch at 1.15pm we will board the M.V. Mary Ann paddle steamer for a free 1 hour cruise. This is a cafe / restaurant so it is expected that you purchase a drink or afternoon tea while on board.

The cruise is optional, if you intend going we have to book in advance. Please phone Ray on 0439 716 420 by June 4th (next Social Morning) to register for the cruise. The other alternative to the cruise is a walk over the bridge to Horseshoe Lagoon - maps will be available.

Christine Wilson (Group Leader) 5822 1474 0428 399 648



SCIENCE MATTERS

In June the science classes will follow the usual format.

Monday June 3 at 1.30pm **Chemistry in the Market Place:** Nigel Liggins will continue with his series on Carbon Chemistry. This month there will be an emphasis on cooking oils.

Monday June 17 at 1.30pm **Current Issues in STEM:** Allan Wilson will talk on **Human Evolution** with emphasis on culture and behaviour. As an example, we are hard wired for some behaviour traits, such as fear of snakes.

Contact: Allan Wilson 0427 399 648

TRIVIA NIGHT AUGUST 30th

Plans are being made for our trivia night to be held on Friday August 30th at the hall. Doors will open at 7 pm with questions to begin at 7-30pm. The evening should finish by 10 pm. Start getting together a group of 6 people to share a table. People may be from your U3A group or family and friends. The more the merrier. The cost will be \$10 per person payable on the night.

You are welcome to bring along some finger food to share with your team mates e.g. chips, peanuts and chocolates. A light supper will be served. Tea and coffee will be available. You may like to bring along some wine, beer or soft drink. Remember to bring along a bottle opener and a glass too.

A wall sheet will be in the hall shortly for you to register your interest. If you have any questions please ring Gail on 58211315.

The Shepparton Research Network
presents...

LA TROBE
UNIVERSITY
All kinds of clever

**Reflecting on 25 years of government
secondary education in Shepparton**

Alan McLean
La Trobe Education Academic and former Principal, Shepparton High School

Wednesday 22nd of May, at 12:30pm – 1:30pm
Shepparton Campus in Learning Space 3

latrobe.edu.au

La Trobe University CRICOS Provider Code Number 00115M

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049