

# Goulburn Valley



**GOULBURN VALLEY University of The Third Age**  
(For active semi-retired or retired persons of mature age)

GVU3A Hall: Esson Street, Shepparton. Postal: PO Box 14, Shepparton 3632 Phone: 58213333

**WE'RE ON THE WEB - [www.gvu3a.com.au](http://www.gvu3a.com.au)**

**SEPTEMBER YEAR 2021**

## CONTACT DETAILS

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vacant

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(Entries close on 21<sup>st</sup> of each month)

## A MESSAGE FROM THE PRESIDENT



Hello Members

**COVID Issues:** As we are now returned to Lockdown 6 B, or the on and off and on-again Lockdown, we have had to close the Hall. I hope many of us will take advantage of any "legal" means possible, to keep in touch with one another. Our U3A Zoom account is still current, so for any groups who wish to use it please contact Greg Barnes, for instructions on how to book a session. Many of us will now be fully immunised or about to receive the second jab. It does give us some confidence and hope now we have "done our bit".

**SOCIAL MORNING:** Tuesday September 7<sup>th</sup>, at 10.00am, Geoff Allemand from the Shepparton Museum has been invited to talk regarding his latest project to rebuild the old Shepparton Post Office. Because of the latest COVID this may not go ahead at the Hall.

Grace Grieve from *Shepparton Foodshare* was our guest speaker last month. Thank you to all the members who so generously supported her. Many of you will have seen a clothes basket inside the Hall, slowly accumulating goodies from us to be passed on to Foodshare.

**COMING UP:** A trivia afternoon will be held on Friday 24<sup>th</sup> September at 1.30pm, so keep this time free. A poster has been placed in the Hall for members to join teams. It promises to be an entertaining afternoon. It would be great if a few classes could get a team involved.

**XMAS:** The committee is already planning a Xmas function to be held as a lunch on Tuesday 7<sup>th</sup> December. We would like to hold in the Hall. We hope COVID will be under control by then.

Our highly regarded, current member **Jan Maude** lost her battle with cancer August 1st. Jan had been a vice-president, course co-ordinator and course leader during her time with us. Many members have sent messages acknowledging her contribution and her valiant efforts in fighting her illness.

Stay safe, Liz

## SCIENCE MATTERS

### Building on The Shoulders of Giants: On Our Way to The Theory of Everything:



Greg Barnes' talk on Monday Sept 20th at 1.30 will begin with Aristotle's thoughts on motion and gravity and then will consider the ideas of Galileo, Newton, Einstein, Hawking and others on gravity and then how gravity can be linked to light, magnetism, electricity, space time, dark energy, dark matter, electro-nuclear forces and particle physics.

All these different physical aspects of the universe may well be linked together into one theory, The Theory of Everything.

## INDUSTRY TOURS

### SHEPPARTON FOODSHARE: 10.00 am Monday 20th September.

45 Toolamba Road, Mooroopna.

Members who attended the August Social Morning will recall that Grace Grieve gave us an illuminating insight into the need for such a service and the way in which "Foodshare" goes about its work. There is obviously a lot of work done by volunteers, which happens behind closed doors, to receive, sort and deliver to those in need. Grace is enthusiastic to show us how it all works.

COVID. Our group has been in recess for the last 18 months and I hesitate to start again until there is a high vaccination rate in Victoria but a small group of "us" and only one of "them" suggests that there will be little contact and therefore little risk. Numbers are limited to 10 and at that time there will be no volunteers present at the warehouse. Another date can be arranged if our numbers require it.

Please put your name and phone number (mobile preferred) on the list in the lobby. Please wear closed shoes. We will discuss carpooling nearer the time.

We may have to change our plans to conform to the rules applying on 13/9.

John Hetherington      0419319339      mrjfh@me.com

## CREATIVE CRAFT

It has been good to see members continuing with their craft activities during August. Whilst it has not been possible to be one big group we have managed our fellowship and sharing. Creative Crafts will continue through September, provided that we are not locked down due the COVID situation in Shepparton.  
Stay safe

Gael Thompson - 0458 215 794

## **MONDAY LUNCH GROUP**

We endeavoured to book The Terminus for September but they do not open for meals for Monday lunches.

Therefore, as we have not been able to go to The Terminus each Monday this month, we will return to The Sherbourne for September, provided that we are not in lockdown in Shepparton.

Here's hoping we can dine together for September. Stay safe.

Gail Jelliff - 0400 531 856

## **NATURAL RESOURCES & REGIONAL DEVELOPMENT**

**FRIDAY September 3**, 10am U3A Hall

**PRESENTER**; John Anderson, President Shepparton Chamber of Commerce

**SUBJECT**; John will discuss where the Chamber came from, what it represents, its aims and objectives and some of the hot issues such as the CBD and parking etc.

**FRIDAY September 10**, 10 am U3A Hall

**PRESENTER**; Barry Croke, former Principal Dookie College

**SUBJECT**; "Energy" Conundrums. Barry will explore our personal and wider community experiences with energy. This topic has been a major thread in his career involving major research activities in the 1970's that focused on Northern Victorian industries. Ongoing interpretations of energy issues continued. Reflections on these experiences should provide great discussion. Bring a friend.

John Dainton mob. 0417 549 502 Barry Croke mob.0488 058 231

## **HISTORICAL STUDIES**

**MONDAY September 6**, 10am U3A Hall

**PRESENTER**; John Dainton

**SUBJECT**; John will discuss alterations to JGW Wilmot's 1855 survey of first Shepparton Street names. The discussion will lead us to the Crimean War.

John Dainton mob. 0417 549 502

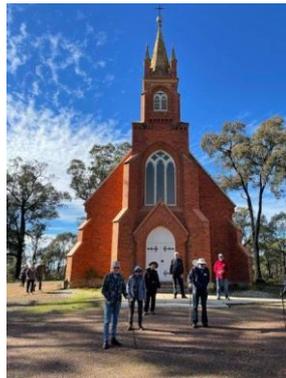
## WALKING GROUP

For the August outing the U3A Walking Group enjoyed the 'Discover Rushworth's Hidden Treasures Walking/Riding Trail'. We were able to find out information on plaques in front of historical buildings along High Street, visit the old cemetery, cross old alluvial diggings and see other interesting features. After lunch we walked in a westerly direction, then turned to the south taking a look at Growlers Hill Sanctuary, then walked up the hill where most of us climbed the tower and had views of the surrounding countryside and a fairly full Waranga Basin. There were a number of varieties of wattle in flower and other plants starting to bloom. It was good seeing one of the first of the spring ground orchids flowering, a Dwarf Greenhood Orchid.

Thanks to Allan and Christine Wilson for organising a most interesting and enjoyable day.



Golden Wattle



In front of St Paul's Church



Rushworth School

Our September 8th outing, COVID regulations permitting, will be to the Warby Ranges, particularly beautiful in the spring time. Please bring morning tea, a picnic lunch, water and sturdy shoes, sunhat etc. We will meet at the U3A club rooms at 8.45am for a 9.00am departure.

Marg Clarke

## WRITING4PLEASURE

Our Writing Group monthly meeting held on August 19 was by ZOOM. Those who attended presented some enjoyable stories.

**MEREDITH has provided our SEPTEMBER TOPICS –**

1. IT WAS HILARIOUS
2. LOOKING TO THE FUTURE

**WORD - FRENETIC**

**QUOTE FOR THE MONTH:**

*"AGE IS AN ISSUE OF MIND OVER MATTER. IF YOU DON'T MIND, IT DOESN'T MATTER". – MARK TWAIN*

**CONTACT: Lyn Austin. Phone : 0468 312 602**

## BRIDGE

### Learn To Play Bridge

Would you like to learn to play bridge? Classes start at 6.30pm Wednesday 15 September, and will run over four weeks, for about 2 hours each Wednesday night. Supervised bridge will continue after the course (also on a Wednesday night) so that beginners can try out their new skills with experienced players available to help out.

Bridge is a great card game for people of all ages. We are a friendly crowd at the bridge club. Bridge is good mind food and a great social game. We play bridge 3 times a week, and once you have learnt the basics new players are welcome to come along and enjoy any of the sessions.

Derek Poulton and Nick Walsh are the teachers, both national master players and experienced teachers. The lessons are guaranteed to be interesting and fun. Cost of the course is \$20 for U3A members which includes a copy of the book.

For further information contact Derek Poulton email [dcp.klp@gmail.com](mailto:dcp.klp@gmail.com), ph 58254112 or on the web [www.wix.com/sheppartonbridgeclub/2014](http://www.wix.com/sheppartonbridgeclub/2014) or facebook sheppartonbridge.

## BIRD WATCHING

The September 15th outing will be a full day trip to the Rushworth Forest and Doctors Swamp Murchison so you will need to bring lunch, chair etc. Please meet at the U3A hall for 9am departure.

Please contact Don Roberts 0448889224 or Marge Clarke 0429350875

Our August outing was at The Flats Mooroopna where we observed 31 species some of which were, Crested Shrike-tit, Eastern and Yellow Rosellas, Rainbow and Little Lorikeets, Brown and White-throated Treecreepers, Grey Fantail, Little and Noisy Friarbirds, White-plumed Honeyeater, Striated Pardalote and Olive-backed Oriole.

## PHOTOGRAPHY

Like everyone else we have been constrained by lockdowns, rules, regulations & common sense, due to COVID-19. As such, at our only meeting earlier this month, saw Lex and two others practising Photoshop skills.

Spring is just around the corner and so, to fill our space, the camera has been pointed out the back door to see what there is around. These images are the result.

Allan Parker



## COMMUNICATING WITH COMPUTERS

Well, here we go again with yet another lockdown. This means we have a lot more to do on our computers, phones and iPads. Whilst classes cannot be run regularly now, I am still here and available (who's going anywhere anyway?) for any issues. If you are having problems with an iPhone/iPad, I can probably help to sort that out using Zoom and doing a share screen to show what to do. (Samsung/other android phones are a bit more difficult, because I don't own one of them, but may be able to help in some way).

I don't know how many are aware of 'BorrowBox'. It's an app for phones and tablets that allows you to borrow ebooks and audiobooks from our local library. A great way to fill in time and safely borrow reading material.

I have put a few things up on our website relating to some computer issues (<https://www.gvu3a.com.au/computers>). Have a look and see if there is anything that helps you. If not, let me know and I will add more relevant materials.

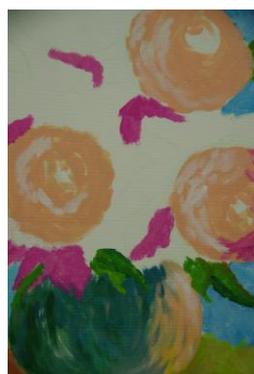
Please contact me if you have any problems.

David Muir 0414881369

## ART GROUP

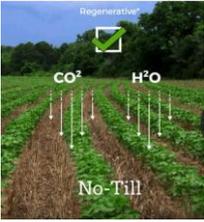
For this month's newsletter I thought I would give you all a little insight into the creation of a lovely work of art. All paintings go through many stages. There are always lots and lots of layers and constant changes that take place before the final masterpiece emerges. There are pretty stages and there are the not so pretty stages. The photos today, display some of the Works In Progress (WIP) - that will finally evolve into the beautiful paintings you are accustomed to seeing from the Art Group. I am hoping to keep you up to date with the final outcomes.

Best wishes to all  
Judi 0448813930



L to R: Jeanette, Carole, Meredith, Jan, Margaret, Terry, Jill

## ECOLOGY



**Regenerative Farming**, with its emphasis on improving fertility by encouraging soil microbial activity, claims to be the way of the future. The food is said to be more nutritious and the farm more profitable. In addition it can save the world by storing Carbon in the soil. The term appears frequently in the press these days, with a win-win emotional appeal. But does it live up to its claims? I will present an analysis of the science literature about RF, which supports some of its claims, but not others.

The presentation will be in person on Wed Sept 22nd if we are open, but on zoom if we are still shut down. The zoom invitation will be sent to those on the class list and to any others who give me an email address.

Allan Wilson ([adwilson13@bigpond.com](mailto:adwilson13@bigpond.com))

## BEGINNERS and INTERMEDIATE ITALIAN

Ciao Tutti. Meredith's Beginners Italian class are progressing very well. Lelia's Intermediate class have recently been delving into some Italian history, written in Italian. Very challenging!

Beginners and Intermediate Italian will be on Zoom until we can meet back at the Hall. Meredith and Elizabeth will send out Zoom invitations for the appropriate days. It is quite good fun, and it keeps us in touch. A different experience.

Liz 0409 703 868

Meredith 0437 313 840

### Joan Guymer O.A.M.

Joan Guymer recently passed away in Shepparton at age 90 and I thought you might be interested to know how Joan was connected to GV U3A. In about 1987, Joan and Lola Twentyman sat down one day, while Joan was chairperson at PACE, and over a cuppa, Joan talked about starting a U3A in Shepparton. PACE (or Promotion of Adult Continuing Education) was located where TAFE now sits and many adults attended classes there for a minimal cost.

Lola had recently moved to Numurkah but had been a member of a U3A in Melbourne and understood how U3A operated and between them they decided to start the ball rolling.

When Joan retired, she then became an active member of GV U3A and served at least 2 terms as President.

Joan was also very musical, some members remember her teaching them singing at the Shepparton Girls school. Joan started a choir group at U3A with Elsie Andrews as pianist. Joan was awarded an O.A.M in 2004 for services to education, performing arts and the community.

Vale Joan Guymer.

With acknowledgement to "the Score of Our Years". History of GV U3A 1988-2008

## UKE3A



The Organising Committee for " Songs Among the Gum Trees") have decided to postpone our fundraising "Event" on the 9th October 2021 at the Belstack Strawberry Farm. We will look forward to rescheduling the "Event" in early 2022. This decision has been made considering the uncertainty of the possibility of future lockdowns this year, due to the Covid 19 pandemic.

Matt Ashcroft, 'Festival and Events Officer' Greater .Shepparton City Council attended our Zoom Just Jammin Session on Monday 9<sup>th</sup> August. We discussed the "St Georges Rd. Cultural Festival" on Saturday 23rd October 2021 (our time slot is between 5pm-6pm).

Uke3A will be participating at this festival, however, details (how many members, how many songs (4), song choices etc.) will be finalised soon, as this event is only a few months away. All Uke3A Members will be eligible to participate not just "Zoom Participants". This event is subject to change with considering Covid restrictions.

Uke3A Members Greg and Andrew delivered Greg's latest song that he has adapted to U3A "Get The Vaccination". Congratulations on a great performance. A big thank you to all members for their participation and performances online.

Happy Strumming

John

## ENJOYING LITERATURE

At Enjoying Literature on Monday, the 27th September we will be examining the book "The Remains of The Day" by Kazuo Ishiguro. It is set in Britain where the butler for Lord Darlington tells us about his Lord's flirtation with the Nazis and fascism and his ultimate disgrace.

It could be a good book to wipe away the hours during the lockdown.

If you so happen to read it by the 27th come along and tell us what you think about it or if we are still in lockdown ring me and I will send you a Zoom invitation.

Greg Barnes 0438 569 611.

### **BANK ACCOUNT DETAILS**

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049