

# Goulburn Valley



**GOULBURN VALLEY University of The Third Age**  
(For active semi-retired or retired persons of mature age)

GVU3A Hall: Esson Street, Shepparton. Postal: PO Box 14, Shepparton 3632 Phone: 58213333

**WE'RE ON THE WEB - [www.gvu3a.com.au](http://www.gvu3a.com.au)**

**September 2024**

## **CONTACT DETAILS**

### **◆PRESIDENT**

Rita Bloomfield 0418 580 697  
[drbloom@bigpond.com](mailto:drbloom@bigpond.com)

### **◆VICE PRESIDENT**

Livia Tiso 0467 952159  
[lpt3629@optusnet.com.au](mailto:lpt3629@optusnet.com.au)

### **◆SECRETARY**

Elizabeth Lee 0409 703 868  
[lizlee01@gmail.com](mailto:lizlee01@gmail.com)

### **◆TREASURER**

an Hatton 0418 582 670  
[hattonig@gmail.com](mailto:hattonig@gmail.com)

### **ASSISTANT TREASURER**

Gael Thompson 0458 215 794

### **◆COURSE COORDINATOR**

Greg Barnes: 0438 569 611  
[dngbarnes@hotmail.com](mailto:dngbarnes@hotmail.com)

### **◆HALL COORDINATOR / KEYS**

Anne White 0438 202 799

### **HALL MAINTENANCE**

Ray Watt 0439 716 420  
Anne White 0438 202 799

### **◆CATERING COORDINATOR**

Julie Dainton 0438 218 050

### **MEMBERSHIP ROLLS**

Ian Hatton 0418 582 670  
[hattonig@gmail.com](mailto:hattonig@gmail.com)

### **WEB MANAGER**

David Muir  
[muir51@optusnet.com.au](mailto:muir51@optusnet.com.au)

### **EMAIL ADDRESS**

[goulburnvalleyu3a@gmail.com](mailto:goulburnvalleyu3a@gmail.com)

### **NEWSLETTER EMAIL**

[gvu3anewsletter@gmail.com](mailto:gvu3anewsletter@gmail.com)  
(Entries close on 21<sup>st</sup> of each month)



## **A MESSAGE FROM THE PRESIDENT**

Hello to Everyone.

Welcome to Spring. I hope that everyone has been enjoying their time at U3A over the past month. We have shivered through some very cold days, but I know that the hall has been a warm and friendly place to be.

To those who have been travelling, I trust that you enjoyed your travels and now look forward to re-joining the classes you enjoy.

Over the past month Greg Barnes has been busy introducing new classes into our very busy program. Chess, Auslan, Play Reading and pop-up sessions of Egyptology, to name a few.

Please look at the course program on the front window of the hall for information regarding these sessions.

Several members have been working very hard to present a Showcase Concert in October. This will be a U3A BYO function, so please look for the invitation for a night out, to hear and see the talent of U3A members.

A friendly reminder that parking is always an issue, so I would like to ask each and everyone of you to be mindful of where you park your car. Please check that you are within the parking boundaries in the U3A yard, or out on the street.

Spring is in the air, so we look forward to seeing you pick up your step and see you out and about over the next month.

Take care. Rita Bloomfield 0418 580 697

## **SOCIAL GATHERING –MORNING TEA**

**First Tuesday morning of the month: September 3 Time: 10am**

**Guest Speaker: Leigh Johnson** from the Shepparton police

## **HISTORICAL STUDIES**

Thanks again to John Dainton and Kirsty Rudd who gave a very informative presentation on the early history of irrigation in the Goulburn valley. From a pump well in Murchison (circa 1880) which is the oldest monument to irrigation in the state, we were then taken through a history of the channel system, including a loop channel connecting the Goulburn Weir ( 1890s ) to the Waranga Basin. The myriad problems encountered along the way (rabbits to crayfish/yabbies, lack of materials and equipment) to the first cannery at Ardmona, a private concern.

Next month, Greg will present part 2 of a history of Rock and Roll (from the late 50s onwards) I look forward to seeing you there. Remember if you would like to present something then let me know.  
Thanks Livia [lpt3629@optusnet.com.au](mailto:lpt3629@optusnet.com.au))

## **CHESS**

There is a new course starting up at GUV3A: the board game chess. The game is one of strategy that involves no elements of chance. Playing chess can improve skills like memory, planning, and problem-solving. Your brain will be challenged to exercise logic, develop pattern recognition, make decisions both visually and analytically, and test your memory. Please come along.

Games begin in the GUV3A library on **Friday 6th of September at 10.30 to 12.00 noon.**

**Times:** First and second Fridays of the month 10.30 am until 12.00 noon.

**Contact** Jan Mellor: Mobile 0438 851 173

## **SCRIBBLERS**

As the winter weather has really settled in, we find various members are off on sunny holidays from time to time. Hence our attendance numbers are more likely around 10 -12 each week.

In the main we each work on drawings or paintings that interest us. The last few weeks though, our wonderful tutor Jill, has set us up with challenges, all in the name of bettering our drawing and shading skills. Week One was a large bowl placed on a central table full of pinecones. Week Two, we had to draw a three-dimensional head & face using light and dark shading to emphasis all the features.

OK THE TRUTH - like any class, there are a few groans heard, before we settle down into doing the challenges to the best of our abilities. We all want to improve our skills and hence take up these challenges. As a group, we inspire and get inspiration from our class members.

If anyone is interested, we meet each Thursday 10.00 – 12.00 noon in the U3A hall. We all enjoy the chit chat as we settle into our work, and then seeing our fellow artists' achievements at the end of the morning is rewarding. Kaye Faulkner

## SOCRATES CAFE

In July at Socrates Café, we discussed “Is nuclear power, ethical, moral, or practical”. This discussion turned out to be quite a lively affair.

On the **August 26th and 10 am** we will be discussing “**Should Scientists Try to Help People Beat Old Age So We Can Live Longer Lives?**”

I hope to see you there.

Greg Barnes - Mobile: 0438 569 611

## ANYONE FOR AUSLAN?

At GVU3A we have classes for learning how to speak Italian and French. We could also have classes to learn about Auslan.

Auslan is Australian Sign Language and it is used by the majority of Australian Deaf community. As with other sign languages, Auslan’s grammar and vocabulary is quite different from spoken English.

If anyone has an interest in learning Auslan, let me know.

Greg Barnes, Email [dngbarnes@hotmail.com](mailto:dngbarnes@hotmail.com). Mobile 0438 569 611

## EGYPTOLOGY pop up course

Following Gallina McKenzie’s presentation on August 6<sup>th</sup>, she has offered to run some popup classes on Egypt. Suggested dates are **Friday 4th and 11th of October** beginning **at 10 am**. Gallina has suggested looking at art, architecture, ancient technology but is open to ideas, See you there.

## BIRD WATCHING

Our August 21st outing was at the Boulevard Bush Reserve and Jordans Bend, Shepparton. We met at the Bush Reserve from where we walked to Jordans Bend and back. We observed thirty-four species, some being Azure Kingfisher, Striated Pardalote, Brown Goshawk, Eastern Rosella, Crimson Rosella (Yellow sub-species), Superb Fairywren, Mistletoebird, King Parrot, Red-browed Finch, Pied Butcherbird and Pied Currawong.

The September 18th outing will be a morning outing along the Broken River walking path, a new venue for our group. Please meet at the car park in Archer Street on the west side of the street near Broken River Drive.

Meeting time is 9am. Contact Don Roberts 0448 889 224 or Marg Clarke 0429 350 875

## LUNCH GROUP

In September the group will meet at The Peppermill Hotel each Monday at 12 noon. Put the 2nd, the 9th, the 16th, the 23rd and the 30th in your memory bank, in your diary or on the calendar so you don’t forget. Any U3A member can join the regulars for lunch on any of these dates. Just remember to make a booking so a space can be reserved for you. Ring Gail 0400 531 856 to reserve your seat.

## SCIENCE MATTERS

Monday September 16: **The Wonderful World of the Galapagos Islands**

I will be presenting a wide view of the science of this amazing archipelago. We will consider their origin and geography, their landscapes, their marine and terrestrial ecosystems, their people, their animals and plants and their historical importance to science.

See you there. John Bush

## U3A QUIZ

A fun morning was enjoyed by a small group of ten at the August quiz session. Our next meeting is from 10am - 11.45am on Monday 16th September, with Graeme and Leona challenging us with a variety of questions.

A sample from August:

1. What is the first stage of a butterfly's life cycle?
2. Which actress has siblings named Liberty, Ryot and Annachi?
3. Mawsynram, which has the world's highest annual rainfall at an average of 11,900 mm, is in which country?
4. Which bones are human babies born without?
5. Which U.S. president said, "I brought myself down. I gave them a sword. And they stuck it in."?

New members are always welcome. Hope to see you in September.

Susan McCarten 0437 215 130 (sms preferred)

## WRITING FOR PLEASURE

September's topics have been set by Peter. The accompanying explanation was kindly emailed to all by Pam:

**'My Friend The Homonym'** (briefly, three homonyms in either distinct paragraphs or one story)  
or **'I Didn't Mean To Say That'**

October's topics, set by Marion, are:

**'The Secret'** or **'He's/She's/They're not here, said the Police'**

Next meeting: Thursday, 19 September, 1pm at Shepparton Library.

Marion 0417 319 839 or Moya 0407 680 337

## LIFE'S CURIOSITIES

News for our attendees is that our guest speaker on the 2nd September, Monday at 1.30pm, will be Robyn Masterson. Robyn promises to bring us her "doggy' knowledge'. It is a bit of a mystery if she will bring along some 'friends' or spend time sharing her dog training skills with us. I am also informed that there will be other areas that we will be intrigued to hear about.

One of our great delights is for a brief moment to be privileged to be let into the life story of one of our members. Everyone has a story to tell.

Thank you to each person who has participated. The date is Monday 2nd September at 1.30pm. Contact Robyn 0408613321 All very welcome. Especially first timers.

## FEEL GOOD EMPOWERMENT HUB

The dates are second and fourth Fridays of the month at 1pm. This means for September 13th & 27<sup>th</sup>. Our last August meeting will be 23<sup>rd</sup> at 1pm.

The decisions we make in life occur every second of the day. This is a large area to cover, so we will be continuing with this. Our values, quality of life, lifestyle, self-care etc, all become involved. We hope to welcome back our travellers, therefore we will add another dimension to our decision-making skills.

Contact person Robyn 0408613321.

## ASTRONOMY

Now the long winter nights are over we are planning 2 star gazing events in Shepparton region. Both events are open to the general public including U3A members.

**On Friday 13 September** we are holding a star gazing night as part of the International 'view the moon' night. ASV are bringing up several astronomers and telescopes and members are welcome to bring their own telescopes. The night will begin at 6.30 at the Ardmona oval and finish by 10.30. This is a free event, not ticketed.

On Friday 27 September ASV have been asked to host a star gazing event as part of the Murchison Meteorite 55th anniversary. The star gazing event will be held at the Murchison Golf Club ,6.30 - 10.30pm, weather permitting. This is a ticketed event. There will also be talks on Saturday 28 September in connection with the Murchison meteorite which fell on this day 55 years ago. Derek is talking about the Global meteor network program. Further details from Murchison Historical Society.

We captured a nice fireball image on July 30 in several cameras including Kaniva, Hobart and several of the Shepparton cameras. The meteor exploded at 70km height and it was over Bass Strait – so no rocks.

Derek Poulton 0418 559 263

## BRIDGE

Bridge sessions continue to be well attended. Several of our beginner's class play regularly and enjoy the game and social activities. A few of us played in a one -ay congress at Benalla. Nick Walsh and Wayne Leppard were the overall winning pair.

Shepparton will be hosting the Northern Region final of the Grand National Open Teams (GNOT) event on Sunday 25 August. 6 teams are currently entered from across Northern Victoria. We also have two teams competing in the Country Teams Event to be held on the 8 September.

Derek Poulton 0418 559 263

## WALK AND TALK

The September walk will be at the Benalla Lake. Meet at the U3A carpark at 8.45 for a 9.00 start. We will drive to Benalla and meet at the Rose Garden for morning tea, before walking around the lake and returning to the Rose Garden for lunch.

After lunch we will walk the town centre to enjoy the street art, followed by coffee before returning home.

Our August walk was at the Shepparton Lake. For something different, 8 members met at Hungry Jacks for breakfast before walking around the lake, then along the track which passes the old Shepparton wharf, crossing over the bridge, then turning left and onto the track which returns to Aqua Moves.

David Taylor     Please note, I have a new phone number: 0480 753 170

## A BIG NIGHT OUT

A free concert will be held at the GUV3A hall on Thursday October 10th at 6.30 pm. If, at this event, you would like to sing a song, recite a poem, tell a joke, tell a story, dance a dance, perform a magical trick, act out a comedy routine or do anything that is entertaining, let Livia Tiso ([liviatiso5@gmail.com](mailto:liviatiso5@gmail.com)), Carol Davidson ([dancingdavo82@gmail.com](mailto:dancingdavo82@gmail.com)) or Greg Barnes (0438 569 611) know.



**Keep this date for the**

**MELBOURNE CUP DAY LUNCHEON**  
**TUESDAY, NOVEMBER 5**  
**Cost \$20**

**All details will be included in the October Newsletter.**

## BANK ACCOUNT DETAILS

If you want to pay your membership fees through the internet please use the account number below and use your name as the reference.

General account:    BSB 803 078 Account number 1001 11147