

Goulburn Valley



GOULBURN VALLEY University of The Third Age
(For active semi-retired or retired persons of mature age)

GVU3A Hall: Esson Street, Shepparton. Postal: PO Box 14, Shepparton 3632 Phone: 58213333

WE'RE ON THE WEB - www.gvu3a.com.au

MARCH 2021

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A MESSAGE FROM THE PRESIDENT

Greetings to Members

The U3A year has started very enthusiastically with over 25 new members and lots of familiar faces re-joining. It was lovely to hear and feel the buzz on our enrolment day on February 2nd. The good news is if you couldn't make it on the day it's not too late. You can still attend the group you would like to join, give your name to the course leader.

In February we have commenced 3 new courses, Yoga, Bookclub 3 and Farm Ecology. Beginners Italian is now on Fridays, "500" started after the lockdown. Most courses are back in the hall, with social distancing. Ukulele remains on Zoom for Term 1. Let's hope there are no more lockdowns!

AGM Our Annual General Meeting (AGM) will be held at the Hall in Esson Street on March 2nd at 10.00am. We are working on getting a guest speaker to provide us with some community updates.

We welcome any Nominations for the committee, especially from a member who would like to assist the committee with Catering. At the moment, all we can offer at the Hall, are tea, coffee and biscuits, because of restrictions.

Our wonderful member Sue Walmsley is retiring as our catering coordinator after 8 years. In this time, she has organised catering for our social mornings and other special events, like the Xmas parties held pre-covid. Sue and her hard-working assistants have done a magnificent job.

If you haven't paid your fees for 2021 this is a friendly reminder to do so as soon as possible to assist our treasurer Kerrie with her budget. Details for internet payment are at the end of the newsletter but please include your name with your payment. Otherwise place fees in the locked box at the Hall next to the office

I am looking forward to seeing some of you at the AGM.

Liz

Q3A QUIZ

We missed our February quiz during lockdown but are eagerly anticipating getting together on Monday 15th March from 10am to midday. There will be the usual Icebreakers, Personal Best, and True/False, plus Judy will challenge our memories for song titles, before the friendly rivalry (or revelry!) of Challengers & Defenders. Everyone is welcome to enjoy a morning of fun and surprises.

Susan McCarten 0437 215 130 or susanmccarten2013@gmail.com

NATURAL RESOURCES & REGIONAL DEVELOPMENT

Friday March 5, 10am U3A Hall

PRESENTER; Barry Croke

SUBJECT; "Water to provide our food"

Barry will explore this topic starting with a detailed analysis of water needed to produce a hamburger.

Friday March 12, 10am U3A Hall

PRESENTER; Graeme Hannan, new GUV3A member and formerly GMW

SUBJECT; "My 40 years plus in the Water Industry"

Some topics to be covered include; Flood studies in Northern Victoria, work in PNG and Indonesia, importance of clear entitlements and measurement, Basin Plan, Lake Mokoan decommissioning, challenges to our region arising from climate change, etc.

Contacts John Dainton 0417 549 502, Barry Croke mob.0488 058 231

HISTORICAL STUDIES

Monday March 8 , U3A Hall

Presenter; John Dainton

Subject; Shepparton's most famous architect John Augustus Kenny Clarke

John Dainton mob 0417 549 502

Name Tags for New Members

Name tags for new members will be put on the table in the foyer of the hall by Wednesday. of this week. Please collect the name tag and keep it with you to wear when attending classes and GUV3A functions. Gael Thompson

CREATIVE CRAFTS

Creative Crafts meet each Tuesday afternoon from 1 pm to 4 pm. Come along with your own project to work on and to enjoy a pleasant afternoon of chatter. If you are unsure of a technique someone will be able to help you or you may like to tutor a group interested in your special craft. Knitting, crocheting, patchwork, embroidery are some of the crafts worked on.

New members most welcome.

Gael Thompson Phone: 0458 215 794

WALK AND TALK

Our next walk and talk will be held on Wednesday 10th March to the town of Rochester leaving at 9.00am from the U3A carpark. Traveling via Stanhope and Corop and meeting at Rodney Park in Rochester for morning tea. Bobby Dohnt will be our guide while in Rochester with plenty to see. Lunch will be in one of the parks; you can bring your own or buy in the town. We will return via Colbinabbin to see the silo art.

Tongala, Girgarre Walk and Talk 10/2/2021

Leaving from U3A at 9.00am, fifteen members of U3A travelled to Tongala, meeting at the park for morning tea, before starting our walk. Bev and Tony were our guides for the day. The first stop was the Nestle Factory which had several murals showing the old and new practises. The next hour we visited a number of sites with murals before returning to our cars.



A short drive to Girgarre and a walk around the Girgarre Rail Precinct



Circuit, part of the future rail trail Girgarre to Stanhope. Along the circuit we found some musical instruments near the old railway station: Fire Extinguishers with bottom cut off and attached to metal rail to be used like a gong and a metal piano without keyboard. We then had lunch in Anzac Park before one final stop at the Girgarre music shell for a photo shot. We drove home via Stanhope.

David Taylor mob 0412802427

WRITING4PLEASURE

Our February 2021 meeting was held by ZOOM. Twelve members were in attendance and some great stories shared. This meeting was to be the launch of our annual book – ‘THE YEAR THAT WAS - 2020’. However, this will be something to look forward to. To Glenda and Mary, we offer a very big thank you from the Writing Group, for all the hours you have dedicated towards getting the book ready for print. We are lucky to have your expertise. Our March 2021 topics, provided by Selina, are:

1. DEEP WATER
2. WHERE WAS I?
3. WORD - SUBJUGATION

QUOTE FOR THE MONTH:

“WE WRITE TO TASTE LIFE TWICE, IN THE MOMENT AND IN RETROSPECT.”

ANAIS NIN

CONTACT: Lyn Austin. (Phone : 0468 312 602)

A NEW WALKING GOUP (THE STROLLERS)

Marie O'Hare is seeking expressions of interest from people who would like to join a new walking group where the pace will be slow, the distance walked will not be far and a coffee after would be had. It will be suitable for people who are unable to do Strength and Balance or Tai Chi anymore and who can't keep up with the Bird Watchers or the Walk and Talk group. The walks would be every Thursday morning - early in the summer (8.30 start?) and later in the winter (9.30 start?).

If you are interested, please contact Marie O'Hare by Monday 1st of March by email wohare4@bigpond.com or on her mobile phone 0427 317 721

CHESS FOR TOTAL BEGINNERS

Don McGregor has offered his services to teach people who have never played chess before the rules and etiquette of the game.

Don is also thinking about starting a chess club at U3A.

If you are interested in either, please let me know by March 5th.

Regards

Greg Barnes - mob: 0438 569 611

email: dngbarnes@hotmail.com

BOOK CLUB MEMBERS WANTED

We have several people interested in joining a book club BUT there are no vacancies in our two current groups. So we will need to start another book club group. We need 3 or 4 more people happy to join with these interested people to make up a new group. Have a think about it. It's fun reading a selection of books you've chosen from a list supplied by the GV Library. Members read 11 books throughout the year - one each month - with one book to read over the busy December/January period.

To be involved you will need to-

- * be a member of the Shepparton Library
- * pay an annual fee of \$50 to the library which is used by the library to buy 30 or so new titles each year to add to the selection list.
- * be prepared to find the time to read one book a month.
- * attend a monthly gathering to discuss the book you have just read, return the book and collect the next book.

One person from the group will need to be the leader and do a few administrative chores but once the group is set up it almost runs itself.

If you are interested, please make contact with our course co-ordinator Greg Barnes by March 1st. His phone number is 0438 569 611. His email address is dngbarnes@hotmail.com He'll organise a gathering of interested people, select a day and time with you where there is a gap in the timetable for the group to meet and off you go on a wonderful journey.

FEE PAYMENTS

Thank you to the many people who have paid their 2021, \$40 membership fee.

There are some people who I am chasing. These people have paid but I have no details to be able to include them on the membership list.

If you know any person on the list below could you please ask them to contact me asap. Unfortunately, without details they won't receive this email.

Sharon Frances Bev Ralph Joan Scott Marion Scown Wayne Leppard

I also have a direct credit payment made on 10th of Feb at 6.27pm from Bankfirst. The person who paid did not include their name in the reference line.

If this was you please contact me.

Thank you all for your help

Kerrie Midgley

Treasurer

kerrie.midgley@hotmail.com

ph 0439511929

LEGAL MATTERS

The GUV3A timetable says Legal Matters with Marshall Richards is on the first Monday in April this has now been changed to the **first Monday in May** from 10am -11.00am.

SCRABBLE

We are a small friendly group of "Scrabblers" who meet at the Hall on the first and third Friday of each month at 1.00 p.m. Come and join us for some interesting word games.

Any queries ring Sue Walmsley on 0432 016 152.

PICKLE BALL

It's a bit like tennis, the court is as big as a badminton court, the ball is as big as a whiffle ball (i.e. bigger than a tennis ball), the net is about 0.9 metre high, there is not much running, it's good for U3A students.

If you want to know more read the internet.

If you want to play the game let me know by March 8th and we will see if we have enough.

Greg Barnes 0438 569 611 or dngbarnes@hotmail.com

COMMUNICATING WITH COMPUTERS

A disrupted start, but we are underway. A couple of people who signed up and started have said they will not be continuing for a while. (There are some who, due to current uncertainty have not yet attended any classes. I have probably oversubscribed my classes and have a waiting list, so if you are unable to attend (even for just one of our classes) please let me know so that the spot can be filled for that particular session. We are working in the Library room to allow class sizes to be greater than 3.

Whist classes are full, I am still often available to assist in any computer-related problems that might occur.

David Muir

0414881369

SCIENCE MATTERS

Monday March 15th at 1.30: The Lost Continent: Presenter John Bush

Its half a century since the Theory of Plate Tectonics began to be widely accepted as an intrinsic part of explaining our planet's evolution. We will consider this notion with respect to the latest information about the formation of Continents and their importance to our planet. And we will discover the newly reported lost continent - and it's not the legendary "Atlantis".

[This talk was listed for February but had to be cancelled because of the lockdown. We hope for a better outcome this month]

Allan Wilson 0427 399 648

PHOTOGRAPHY

Photography commenced on Thursday 11th February, with nine attending, including four new budding photographers. Our leader Lex introduced us, or, for some, reintroduced us to some basic photography principles. Also decided was a plan for the rest of February, March and April.

All being well, Thursday 25th February sees us meeting at the U3A rooms at 1.00pm for a field trip to the Shepparton lake. For those attending please bring some afternoon tea and your choice of drink.

Further planning will see us off to the Cactus Farm, the Avonlea Flower Farm, as well as some sharing of photos etc back at U3A.

Lex has decided that he needs a holiday already so we will miss him on the 25th February. We hope he makes it back OK, and not get locked up interstate somewhere.

Allan Parker

ART GROUP

The start to this new year has been nothing short of amazing for the Art Group. Some members of the group, who were unable to attend for varying reasons last year, have, once again, been able to re-connect with their fellow creatives, and, we have been pleased to extend a "BIG WELCOME" to several "newbies". The occurrence of a "slight hiccup" last week, has led to the completion of many "works in progress", and this is very encouraging.

I am of the understanding, that our art exhibition, currently showing at the "Town Hall Gallery " in Kyabram, is receiving some excellent reviews. You have until the 15th of March to view this exhibition, so please take the opportunity for a little outing to Kyabram and show your support to the Art Group. It would be very much appreciated!

Kind regards to all

Judi

0448813930

MARCH LUNCH GROUP DETAILS

For the month of March the group will be eating at The Victoria Hotel at 12 noon. A booking has been made for 15 people on each Monday in March - the 1st, 8th, 15th, 22nd and 29th. Monday the 8th is the Monday of the Labour Day Public Holiday and the hotel will add a \$2 surcharge because it is a public holiday. If you would like to join the group on any of these dates, and you are not a regular lunch attendee, please ring Gail on 0400 531 856 so she can adjust the booking numbers. Gail Jelliffe

YOGA

Yoga with Pauline Tacey will be held at the GUV3A hall every Thursday morning from 8.45 to 9.45. It will cost \$5 per session.

If you would like more information, go to the GUV3A website and it will be found under Course Descriptions or email Pauline on info@innercor.com.au

BIRD WATCHING

Our first outing for 2021 will be on the 17th March, the venue being the Australian Botanic Gardens Kialla. Please meet at the gardens for a 9am start. After the outing we will refresh at the Riverside Shopping Plaza. The Birdlife Murray Goulburn Branch has recorded 116 species at the gardens since September 2012 lets hope we may be able to observe some of these.

Please contact Don Roberts 58252404 0448889224 or Marg Clarke 0429350875

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and **use your name as the reference**.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049