

GOULBURN VALLEY University of The Third Age  
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - [www.gvu3a.com.au](http://www.gvu3a.com.au)

March 2017

## CONTACT DETAILS

### GV U3A Hall:

Esson St Shepparton  
Tel: 5821 3333

### POSTAL ADDRESS:

P.O. Box 14  
Shepparton 3632

### ◆PRESIDENT

Greg Barnes 0438 569 611  
[dngbarnes@hotmail.com](mailto:dngbarnes@hotmail.com)

### ◆VICE PRESIDENT

Barbara Brown 5831 8447  
[bbrown47@netspace.net.au](mailto:bbrown47@netspace.net.au)

### ◆SECRETARY

Madeline Dyer 5821 0272  
[dyerm979@gmail.com](mailto:dyer979@gmail.com)

### ◆TREASURER

Carole Trotter 5823 1348  
[ctrotter2@gmail.com](mailto:ctrotter2@gmail.com)

### ◆COURSE CO-ORDINATOR

Greg Barnes: 0438 569611  
[dngbarnes@hotmail.com](mailto:dngbarnes@hotmail.com)  
Madeline Dyer, Allan Wilson

### ◆CATERING CO-ORDINATORS

Bridgette Brisbane 5827 1316  
Sue Warmley 5825 2636 and  
Kerrie Midgely 5827 1366

### ◆HALL COORDINATOR

John Hammond 5821 5020  
[johnhammond5@bigpond.com.au](mailto:johnhammond5@bigpond.com.au)

### EMAIL ADDRESS:

[goulburnvalleyu3a@gmail.com](mailto:goulburnvalleyu3a@gmail.com)

### NEWSLETTER EMAIL:

[gvu3anewsletter@gmail.com](mailto:gvu3anewsletter@gmail.com)

### ACKNOWLEDGEMENT

We sincerely thank the office of  
Wendy Lovell for the printing of  
this newsletter.



## MESSAGE FROM THE PRESIDENT

*Greg Barnes*

Our Annual General Meeting and election of office bearers is on March 7 at 10.00 am (the wrong date was printed in last month's newsletter). There is still time to nominate for the office bearers (President, Vice President, Secretary and Treasurer) and the committee members, but make sure your nomination form is in the hands of Secretary Madeline by February 29.

Numbers for the annual trip to Tasmania have dropped back to 24 participants. The cost of the trip has now been set at \$2,050. A deposit of \$200 needs to be paid to Denise Leffler by Wednesday 22/02/2017 to confirm your booking. There are still seats available and new participants are still being accepted.

Renewing your membership can be done on line using internet banking. Use your name as the reference and pay into General Account: BSB 633 108, Account number 1277 42898. The membership fee is \$50.

Please add your name to the roster near the phone at the GVU3A hall if you wish to help out in the kitchen at social mornings and other U3A events.

It is very early to be talking about Christmas lunch but on Tuesday December 5th 2017 we plan to hold this event in the GVU3A hall. The "Roving Roast" will cater for this event. The cost will be \$25.00 per head and BYO.

This is my last newsletter as president so that means that next month's Message from the President will have a different photo for you to gaze at while eating your Weeties. I have enjoyed my time in the job and I hope to remain involved in the administration of the club as the Course Co-ordinator.

Greg Barnes

## COURSE CO-ORDINATOR NOTES

**News and Current Events:** At our first meeting it was decided to conduct the classes fortnightly on the first and third Mondays of the month. The next meeting will be on Monday **February 20 from 1.30pm to 3.00 pm.**

**Dancing class** times have altered, commencing now at 8.45 am and finishing at 9.45 am on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. This is to avoid another French revolution.

If you know of anybody keen to run the **Gardening club** or **Italian for Beginners** let me know.

Greg Barnes

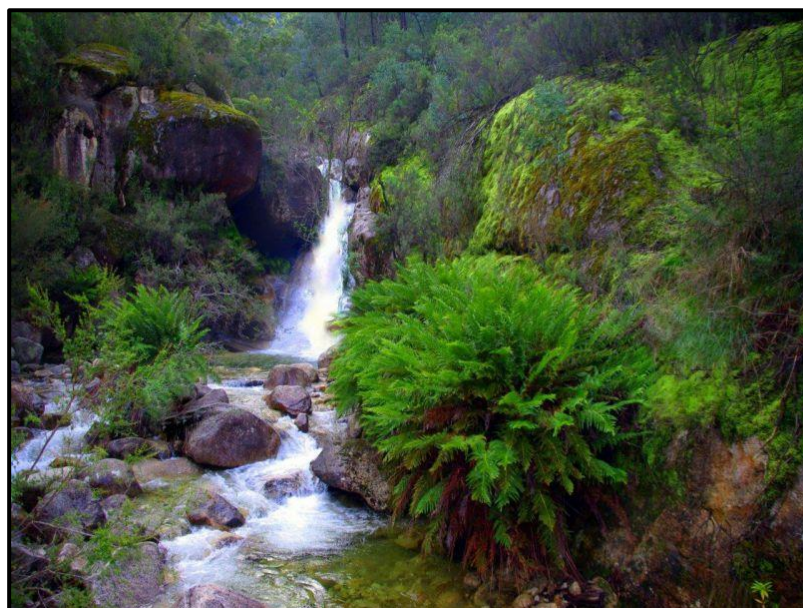
## iPAD USERS

iPad Classes commence on 17th March. BEGINNERS from 1.30 to 2.30pm. MORE ADVANCED USERS GROUP from 2.30pm to 3.30pm, each week.  
Contact: Carmel Naughton Ph 5821 6807

## WALK AND TALK

**On March 8** The Walk and Talk group will travel to Bright in shared transport, starting at the U3A car park at 8am. It will be an all day trip so take your morning tea to have at Myrtleford and lunch to have at Buchan Bridge after walking to the Eurobin Falls. Then after that we will continue on to Bright and maybe do another walk.

So keep the full day reserved returning to U3A no later than 6pm. Wear clothes and shoes suitable for the weather and water to carry if required. On this occasion we need to know how many people intend to come so we know how many vehicles and drivers we need to have ready for the journey.



Please contact Bev and Tony Palma, phone 5823 2721 or Ted Stephens, 5822 0424.

Our walk at Cussen Park on February 8 was very pleasant with an early start to beat the heat and a good rest half way at the Tatura Bakery for a vanilla slice and coffee.

Christine Wilson      5822 1474      Mob. 0428 399 648

## SOCRATES CAFE

The next class is on 27 March at 10.00 am. The topic for discussion in “Rethinking democracy to overcome the problems of how it functions”.

All welcome! Contact: John Lawry 5823 1704 or [jrlawry@bigpond.com](mailto:jrlawry@bigpond.com).

Members who have shared all the topics introduced since Socrates Cafe “opened” with Pat Crudden will wish him well in the future as he has recently moved to Hakea Lodge.

## HISTORICAL STUDIES

The next class is on 13 March at 10.00 am. John Dainton will be presenting a very well researched paper on some controversial aspects of local district history.

All welcome! Contact: John Lawry 5823 1704 or [jrlawry@bigpond.com](mailto:jrlawry@bigpond.com)

## MONDAY LUNCH GROUP

We meet every Monday for lunch and a chat and we would love to see more members. It is very informal and if you enjoy a chat and like to eat you are most welcome. Please join us in March at 12 noon at the following locations.

<b>King City</b> on 6 <sup>th</sup>	<b>Terminus Hotel</b> on 20 <sup>th</sup>
<b>RSL</b> on 13 <sup>th</sup>	<b>Victoria Hotel</b> on 27 <sup>th</sup>

Joy Markey Ph 5821 6387

## BIRDWATCHING

Our first outing for 2017 will be at Gemmill Swamp NCR Mooroopna on March 15. The wetland is 85% full at present, so good numbers of birds should be observed. Please meet at the U3A Hall at 9am or at the Mooroopna Scout/Guide Hall car park Echuca Road Mooroopna at 9.15.

Please contact Don Roberts 5825 2404 M 0448 889 224 or Marg Clarke M 0429 350 875.



White-breasted Woodswallow and Chestnut Teal seen recently at Cussen Park

## **MULTICULTURAL BUS TOUR, Wednesday 22 March 2017 9am – 4pm**

22 people have registered to go on the bus trip. I have booked seats with the Ethnic Council. I am aware that 22 March is about 4 weeks away and some people may not be able to attend when the time comes. Could you please phone (5831 8447) or email ([bbrown47@netspace.net.au](mailto:bbrown47@netspace.net.au)) if you are unable to come as there are others who would like to go.

Following a discussion with Ethnic Council we will park in the long-term car park at the back of the library (be warned – it is normally full by 9am) or along Nixon Street and the Boulevard. The bus will pick us up in front of the library. Departure time 9.15am, Return by 4.00pm. Please car pool if you can to reduce the number of parking spaces required. The tour is FREE.

The tour will visit:

1. The Rumbalara Aboriginal Cooperative which provides the following services to the Aboriginal and Torres Strait Islander people in Shepparton - health, family, housing, financial and administrative, justice and aged care and disability services.
2. The Turkish Mosque built and opened in 1984 in Mooroopna.
3. The Afghan Mosque. The Shepparton Afghani community raised more than \$1 million to establish their mosque which was commenced in mid-2013. It is now almost complete and is being used.
4. Gurdwarra Sahib Shepparton (Sikh Temple) is situated in Doyles Road and stands out with its white walls and golden domes.
5. The Iraqi Mosque which was established in the north of Shepparton in 2000. This place of worship has served a growing Iraqi community in Shepparton.

Lunch will be provided at the Afghan Mosque.

For those planning to do the Multiculturalism Course in Term 2 the tour is an excellent introduction to four of the communities that have settled in Shepparton.

## **PROPOSED COURSE: MULTICULTURALISM IN THE SHEPPARTON AREA**

There will be a planning meeting for this course on Thursday March 23 at 11.45am to arrange the permanent time and to decide the content that is of most interest to the class.

Content and activities will depend on what interests the group and the extent of my knowledge. The course could continue in short blocks in Term 3 and 4.

**Proposed date:** Term 2      **Length:** 4 – 6 weeks

**Day and time:** to be decided between myself, the group and the U3A timetable

**Number of participants:** 15 will be the limit as there will be visitors who join the group for discussions.

**Course Outline:** To be confirmed but will include a brief look at how our population is made up, the history of migration to Shepparton, myths and facts of immigration.



## LEARN TO PLAY BRIDGE

There are many good reasons to play bridge. First and foremost, it's a fun game to play. That's why bridge is the most popular card game in the world. At U3A bridge is played socially each Wednesday and by experienced players on Monday nights and Saturday afternoon.

If you would like to learn to play bridge, a four week course will start on Wednesday 1 March. After the 4 week course you will be invited to play supervised bridge, with experienced players available to assist. Each lesson will run for 3 hours from 1pm to 4 pm. The course is suitable for those with no previous experience and also for those seeking to refresh their bridge skills.

The course will be run by Derek Poulton, assisted by members of the Shepparton bridge club. Players start playing 'minibridge' in their first lesson. This allows participants to play bridge without the need to bid. From week 2 we teach players a simple way to bid, based on the standard American system, and using Paul Marston's book 'Introduction to bridge - 5 Card Majors'. Copies of the book will be provided at a reduced cost to participants.

For further information contact Derek Poulton email [dcp.klp@gmail.com](mailto:dcp.klp@gmail.com), ph 5825 4112 or on the web [www.wix.com/sheppartonbridgeclub/2014](http://www.wix.com/sheppartonbridgeclub/2014).

## PHOTOBOOKS

Classes for creating photobooks of those wonderful holiday snaps and the grandchildren have begun. Sessions run on Thursdays from 3pm. We will continue for a few months (when we all begin travelling) and then recommence later in the year (when I'm back from wherever we get to this year). There will be no Photobook class on Thursday 8th March.

For anyone wanting to join in these classes, please contact me so you can install the program I use before coming in. It is preferable to have your own laptop so that work done in sessions can be continued at home. For those with only a desktop it will be a learning experience that will then need to be repeated in full at home as, due to the nature of the program, it won't be possible to take home what you've done on one computer and transfer it your own computer.

David Muir      ph. 5821 4349    mob. 0414 88 1369

## ON THE TRAIN

For all interested train adventurers, there will be a MEETING next Friday 24th February at 12.30pm at U3A to discuss ideas and plan the year.

The 1st Trip to Melbourne will be MARCH 30th leaving Shepparton on the 6.30 train. There will be a 2 hour guided tour of the Chinese Museum and China-town. After that, the rest of the day is to be decided by the group.

Tour cost is \$16 concession per person with group of 10 or more.

Beris McKemmish

## ART AT SAM WITH U3A

Last year a few U3A members participated in a research project at Ian Potter, Melbourne University for their new degree course on Ageing. Now U3A is invited to contribute again with our mature age ideas in a discussion.

This time the session is at SAM on Tuesday 14th March 10.30 -12.00 with lunch.

Are there a few interested members who'd like to share ideas on making the present SAM a more age-friendly place? Come talk to me and I'll add more detail before you decide. Thank you, I look forward to talking to you,

Beris McKemmish Ph: 5831 5484

## SCIENCE MATTERS

### A2 Milk: Is it better for you or just clever marketing?

This year there will be a court case between the A2 Milk and Lion companies over rival claims about their branded milk. A2 claim that “that the A1 protein in regular cows’ milk might cause tummy discomfort in some of us. If that’s you, A2 Milk™ may help”. To counter this marketing benefit the Pura Milk Co labelled their milk as “Naturally contains A2 protein”.



For our March class we will explore the science behind these claims. Is it a rerun of the old rivalry between Jersey and Friesian, or something real for sick stomachs? I will present what I have been able to find out on Monday March 27 at 1.30 pm. [**Note 1 week later than normal time**]. Along the way I will talk about some of the good and bad methods of science and we will have a taste test of the two milks.

Allan Wilson 5822 1474

## NATURAL RESOURCES

**FRIDAY MARCH 3: 10am U3A HALL**

**GUEST SPEAKER:** Marisa O'Halloran, Sustainability Officer COGS

**SUBJECT:** City of Greater Shepparton's energy reduction and climate adaptation plans

**BUS TRIP, FRIDAY MARCH 10**

**Natural Resources** in conjunction with **Industry Tours** will have a City of Greater Shepparton 'Follow your Rubbish' trip.

Departs Ford's Bus Depot 9.30am returns approx. 12.30pm

**Cost \$10**, money required by March 7 Coffee Morning.

John Dainton 5821 3881

## COMPUTERS

Computer sessions have commenced and we are already covering a wide range of topics such as, Microsoft Word, Facebook, having computers communicating with the printer, tidying up emails and working with photographs. There will be no computer class on Monday 5th March.

David Muir ph. 5821 4349 mob. 0414 88 1369

## OPERA APPRECIATION

On Sunday February 26 we will be travelling to Wangaratta Cinema to view the film of Verdi's dramatic opera "**Nabucco**" from the New York Metropolitan Opera. Placido Domingo will be singing the title role of Nabucco (Nebuchadnezza – King of Babylon) in this drama which contains the famous Chorus of the Hebrew Slaves, sung from a setting on the banks of the Euphrates River. It is sung in Italian with English subtitles.

We will leave the U3A car park at 11am (check time a few days beforehand), but will need to know ahead of time if you intend to come so we can arrange cars and drivers. Bring your own lunch.

On Sunday March 19 the opera will be a great one for music lovers and French students - Gounod's **Roméo et Juliette** in French with English subtitles. I can't imagine anyone not enjoying the music for this romantic story whose ending never becomes a happy one! Meeting and travel arrangements will be the same as for Feb 26.

Please contact Christine or Allan Wilson 5822 1474 or Mob.0427 399 648.

## WRITING4PLEASURE

Writing in a group is so much fun. Writing topics for March 16 are: Patience, Childhood Friend, or Power in the Playground. It is always great to hear the diverse stories that come out of these topics.

We look forward to welcoming new members. Remember, if you can talk, you can write.

Contact numbers: Mary Heneghan 5831 6997 or Bridgette Brisbane 5827 1316

## MATILDA

"Miss Escreet, Mr. Hays is here to see you."

"Thank you, Jenny, just tell him to wait in the parlour. I'll be out presently."

Matilda smiled to herself and her face coloured a little. Since she had become owner of the establishment there was certainly some deference shown to her. Also, it was pleasurable to think that this young man had called on her once again.

"And Jenny, make sure his shoes are clean."

The floors had just been cleaned and she needed Jenny to work in the preparation area. Matilda looked in the mirror, captured some unruly strands of hair and let her gaze move to the window where Finlay's horse patiently waited for his return. There had been no rain since she arrived here over two years ago and it seems that there was none to come. Every

day was the same with cloudless skies and stretches of wide, dry land. Why had she come to such an area?

*It had begun at home, in Benalla; there was much talk about gold prospecting in different areas of Victoria. Gold had been discovered in Bendigo and Ballarat among other places. Matilda was only a child, no more than 12 years old. Then the newspapers had stories of gold discoveries in Western Australia. Kalgoorlie was one of the places which were famous for its gold fields and Matilda couldn't wait to travel there to see it and be part of the excitement. She also longed for independence. After a tearful farewell with family she embarked on the long, uncomfortable journey, at the age of 16 years, by horse and covered wagon. It would have taken two months or more to reach Kalgoorlie.*

*Matilda was brought up to work hard and had little schooling so she was prepared for hardship and even though times were harsh she was successful in getting work in boarding houses and cafes. She had been in Kalgoorlie only a matter of months when she heard of other goldfields opening in Laverton, Leonora and even further away in the centre of WA, Duketon. The men far outnumbered the women in most of these areas and there was a great need for young fit and healthy ladies.*

*Matilda thought about it for only a short time and decided she would go. She was an adventurous young woman and loved a challenge. This was in the early 1900s and the pipeline from Mundaring Dam to Kalgoorlie was being completed, giving Kalgoorlie, Boulder and Coolgardie a permanent water supply. Duketon was approximately 300 miles north of there, the water supply would be severely limited. This was a daunting prospect but she had lived through droughts and knew her capabilities. Gold fever was reaching its height in Duketon and she looked forward to it.*

So here she was, two years later, in her own premises, 'The Mulga Queen Restaurant'.

"Good afternoon, Mr Hays, please take a seat." She gestured toward the settee.

Finlay stood and held his hat tightly. At last he spoke, "I hope you don't mind me calling on you Miss Escreet?"

"Not at all, Mr. Hays, please sit down."

Now she sat with needlework in her hands, comfortable with this young prospector who would one day become her husband.

When Matilda, my maternal grandmother, passed away in the 1970s, she was hailed in the West Australian papers as one of the grand old women of the goldfields.

V. Mary Heneghan (Writing4Pleasure)

## VALE

We respectfully record the passing of two of our nonagenarians earlier this year, Bob Galt and Margalia Adamson. Margalia is pictured here on the U3A trip last year to Broken Hill, then aged 94.

### BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049

